Glial Na$_x$ channels control lactate signaling
to neurons for brain [Na$^+$] sensing

by
Hidetada Shimizu

DOCTOR OF PHILOSOPHY

in
Department of Basic Biology
School of Life Science
The Graduate University for Advanced Studies

2007
Abstract

Sodium (Na) homeostasis is crucial for life and Na levels in body fluids are constantly monitored in the brain. The subfornical organ (SFO) is the center of the sensing responsible for the control of Na-intake behavior, where Naₙ channels are expressed in specific glial cells as the Na-level sensor. Naₙ channel is a concentration-sensitive Na channel with a threshold value of approximately 150 mM for the extracellular Na ion. The Naₙ-positive glial cells are sensitive to an increase in the extracellular Na level in the physiological range, indicating that glial cells, not neurons, are the primary site of Na-level sensing. However, the mechanism by which the Na signal sensed by “inexcitable” glial cells is transferred to neurons has remained to be elucidated.

To gain insight into the cellular processes involving Naₙ in glial cells, in this doctor thesis, I started in my study with screening for molecules interacting with Naₙ using the yeast two-hybrid system with each of the cytoplasmic domains of mouse Naₙ as bait. Among the positive clones isolated from a mouse DRG cDNA library by using the C-terminal region of Naₙ as bait, three clones coded for the α subunit of Na⁺/K⁺-ATPase. A detailed analysis revealed that all these clones were identical and coded amino acid sequence of the region close to the cytoplasmic catalytic domain of the α₁ subunit of Na⁺/K⁺-ATPase. The direct interaction between Naₙ and the α₁ subunit of Na⁺/K⁺-ATPase was verified by pull-down assays and the immunoprecipitation of the cell lysate.

Coexpression of the α₁ subunit of Na⁺/K⁺-ATPase and Naₙ channels was examined by double-fluorescent immunostaining using sections of the SFO and dissociated cells from the SFO. The α₁ subunit was broadly distributed throughout the
SFO, overlapping with the expression of Na\textsubscript{x} channels. The confocal microscopic analyses with isolated cells from the SFO showed that both molecules were colocalized in the plasma membrane. Na\textsubscript{x} channels were expressed in large round cells, but not in small cells with neurite-like processes, indicating that Na\textsubscript{x} channels are expressed in glial cells including ependymal cells.

It is known that the \( \alpha_2 \) and \( \alpha_3 \) isoforms of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase are also expressed in the brain. Experiments using the yeast two-hybrid system showed that the cytoplasmic fragment of \( \alpha_2 \) corresponding to the region of the \( \alpha_1 \) isoform isolated also interacted with the C-terminal region of Na\textsubscript{x}, but that of \( \alpha_3 \) did not. Thus, Na\textsubscript{x} has specific interaction with \( \alpha_1 \) and \( \alpha_2 \) isoforms of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase. By \textit{in situ} hybridization, I verified that the mRNAs encoding the \( \alpha_1 \) and \( \alpha_2 \) isoforms of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase were expressed in the SFO with a similar pattern to the Na\textsubscript{x} channels. However, signals for the \( \alpha_3 \) isoform were not detected in the SFO.

I speculated that Na\textsubscript{x} may functionally regulate Na\textsuperscript{+}/K\textsuperscript{+}-ATPase through the close interaction between the two. To examine this idea \textit{in vitro}, I established cell lines using C6 glioma cells in which the expression of Na\textsubscript{x} channel is inducible under a tetracycline-based system. I preferentially used one of the cell lines thus prepared, C6M16, for the following experiments. C6M16 cells showed significant Na\textsuperscript{+} influx in response to an increase in the extracellular Na level within the physiological range (from 145 mM to 170 mM) specifically under the conditions where Na\textsubscript{x} channels are expressed.

If the molecular properties of the Na\textsuperscript{+}/K\textsuperscript{+}-ATPase is changed by Na\textsubscript{x}, cellular metabolism should be affected accordingly, because cells in the CNS use \textasciitilde 50\% of their energy resources to drive the Na\textsuperscript{+}/K\textsuperscript{+}-ATPase activity. I then compared the cellular
uptakes of a fluorescent glucose derivative (2-NBDG) in isotonic (145 mM) and hypertonic (170 mM) Na solutions. The C6M16 cells with Na₅ expression showed approximately 1.6-fold greater activity for 2-NBDG uptake in the 170 mM Na solution as compared with in the 145 mM solution, while the uptake by the C6M16 cells without Na₅ expression was not increased in the 170 mM Na solution. The increase in the uptake of 2-NBDG in Na₅-expressing cells in the 170 mM Na solution was completely inhibited by ouabain, a specific inhibitor of Na⁺/K⁺-ATPase.

Next, I tested the effect of overexpression of the Na₅-binding fragments of α₁ and α₂ subunits of Na⁺/K⁺-ATPase in C6M16 cells, because these fragments are expected to work as a competitor of Na⁺/K⁺-ATPase for binding to Na₅ channels. As was expected, the transfection of an expression vector carrying the fragments of the α₁ and α₂ subunits significantly suppressed the metabolic response in the C6M16 cells with Na₅ expression in the 170 mM Na solution. In contrast, overexpression of the fragment of the α₃ subunit, which was negative for interaction with Na₅ channel, did not affect the metabolic activation.

The C-terminal fragment of Na₅ was also expected to work as a competitor for the binding of Na₅ channels to Na⁺/K⁺-ATPase. Unexpectedly but intriguingly, overexpression of the C-terminal fragment of Na₅ further enhanced the 2-NBDG uptake, when it was coexpressed in Na₅-positive cells. This suggests that the C-terminal region of Na₅ is also able to support Na⁺/K⁺-ATPase, as well as the native Na₅. However, the expression of the C-terminal fragment of Na₅ by itself (without concomitant expression of the native Na₅) exerted no effect on the 2-NBDG uptake. This strongly suggests that a function of the native Na₅ channel (presumably Na⁺-influx activity) is also essential for the upregulation of the metabolic state, in addition to the function which is
substitutable with the C-terminal region of Na₅.

To estimate the contribution of Na⁺ influx itself to the metabolic activation, I tested the effect of the influx generated by a Na-specific ionophore, monensin, on the uptake of glucose. At a concentration of 0.5 μM, monensin triggered a small Na⁺ influx into cells comparable to that of the C6M16 cells expressing Na₅ when stimulated in the 170 mM solution. However, the application of 0.5 μM monensin to C6M16 cells without Na₅-channel expression did not enhance the 2-NBDG uptake, and higher concentrations of monensin were not effective either. In contrast, when Na₅-expressing cells were treated with 0.5 μM and higher concentrations of monensin, the 2-NBDG uptake was markedly enhanced dose-dependently. These results clearly indicate that the increase of the Na-ion concentration in the cell is not enough by itself to trigger the uptake of glucose (metabolic stimulation), and that the presence of Na₅ channel protein is required for the stimulation of glucose uptake by the cells. Importantly, the C-terminal fragment of Na₅ induced markedly enhanced 2-NBDG uptake under the condition without Na₅-channel expression with 0.5 μM monensin. This indicates that the full-length Na₅ channel can be replaced by the C-terminal fragment under the condition where Na⁺ influx was secured by monensin. Taken together, it is probable that both pre-stimulation of Na⁺/K⁺-ATPase (by interaction with Na₅ channels through the C-terminal region of Na₅) and Na⁺ influx (through Na₅ channels or monensin) are essential for the activation of the Na⁺/K⁺-ATPase and the cellular metabolic stimulation.

To examine whether the Na₅ channel is indeed involved in the energy-control system in the Na₅-positive glial cells in vivo, I performed an imaging analysis of the uptake of glucose in the SFO using 2-NBDG. In the wild-type SFO, incubated with 2-NBDG in the 170 mM Na solution, an intensively labeled mesh-like structure became
apparent, suggesting that fine glial processes in the SFO actively took up the fluorescent derivative of glucose. These results clearly indicate that the SFO tissue has activity to take up glucose in response to a Na-level increase, and the Na<sub>x</sub> channel is an essential component for this mechanism.

Next, I examined the dissociated cells from the SFO of wild-type and Na<sub>x</sub>-KO mice to confirm that the cells showing the enhancement of 2-NBDG uptake express Na<sub>x</sub> channels. Only among the wild-type cells, cellular populations that intensively took up 2-NBDG in the 170 mM Na solution were present, and these cells were all positive for Na<sub>x</sub> and GFAP. These results clearly indicate that the Na<sub>x</sub> channel is an essential component for the upregulation of energy demand in the SFO under the high Na condition, as observed in the C6M16 cells. In support of this view, cells dissociated from the SFO of wild-type mice showed a markedly enhanced uptake of 2-NBDG in the presence of 0.5 μM monensin, while the same stimulation of the cells from Na<sub>x</sub>-KO mice induced little enhancement of the uptake.

Increased demand for glucose by cells means that cellular glycolysis is enhanced to yield lactate (or pyruvate). To confirm this idea, I next measured the amounts of lactate and pyruvate released from the SFO as another parameter of the metabolic activity. The SFO tissues removed from mice of both genotypes were incubated in a modified Ringer solution (containing 145 mM or 160 mM Na) at 37°C for 30 hr. The wild-type SFO showed an increase in lactate secretion by ~60% compared with the Na<sub>x</sub>-KO SFO, in 160 mM Na solution. On the other hand, amounts of pyruvate released into the medium were 10-fold lower than those of lactate and did not differ under the two different Na conditions. This indicates that anaerobic glycolysis was stimulated in Na<sub>x</sub>-positive glial cells of the SFO under the high Na condition.
Neurons in the SFO of $Na_x$-KO mice are hyperactivated under dehydrated conditions compared with wild-type mice. In the SFO, GABAergic neurons are one of the major neuronal types surrounded by $Na_x$-positive glial cells. Then I examined the neuronal activity of GABAergic neurons in the SFO using patch-clamp techniques in the cell-attached mode. I prepared acute slices containing the SFO from $GAD$-GFP mice and $GAD$-GFP/$Na_x$-KO, in which the GABAergic neurons bear enhanced green fluorescent protein (eGFP) as marker, and selected the eGFP-positive cells under a fluorescence microscope. The GABAergic neurons in the SFO of both wild-type and $Na_x$-KO mice showed spontaneous firing at a similar frequency ($\approx 4$ Hz) under the 145 mM Na condition. After the extracellular Na-concentration was raised to 160 mM, the firing frequency of the GABAergic neurons in the SFO of wild-type mice gradually increased 2-fold, but that of $Na_x$-KO mice did not show a significant change.

Because metabolic activation leads to the release of lactate from $Na_x$-positive glial cells, I next checked the possibility that lactate mediates the signal from the glial cells to GABAergic neurons to control the SFO activity. When lactate was added at 1 mM to the perfusate, the firing frequency of GABAergic neurons in the SFO of both wild-type and $Na_x$-KO mice increased. Furthermore, when 1 mM of lactate was added under the high Na condition, no additive effect on the neuronal activity was observed. These results indicate that lactate and Na share a common pathway in the stimulation of GABAergic neurons in the SFO. Lactate was most effective at $\approx 1$ mM in promoting the firing rate, and at higher concentrations, the firing was rather suppressed.

The neural activation induced by the Na-level increase was inhibited by $\alpha$-Cyano-4-hydroxycinnamic acid, an inhibitor of monocarboxylate transporters (MCTs). These results clearly indicate that the Na-dependent stimulation of GABAergic neurons
is largely mediated by MCTs. I also examined the effect of the other metabolic monocarboxylates, pyruvate and acetate, both known to be transported by MCTs. When pyruvate was added at 1 mM to the perfusate, the firing frequency of GABAergic neurons in the SFO of both wild-type and \( Na_x \)-KO mice similarly increased. By contrast, when acetate was added at 1 mM to the perfusate, the firing frequency was not significantly changed in either genotype.

I further explored the activation mechanism underlying the increase in the firing rate of the GABAergic neurons. The finding that lactate and pyruvate are equally effective suggests that the GABAergic neurons are energetically stimulated. Moreover, I found that Na-dependent potentiation of the firing activity of the GABAergic neurons were reduced by diazoxide, an opener of the ATP-sensitive K channel (Kir6.2 / \( K_{ATP} \) channel): The \( K_{ATP} \) channel closes in response to the increase of intracellular ATP level and depolarizes the cell. So, I examined the membrane potential of the GABAergic neurons during the application of lactate or high Na solution. The membrane potential was depolarized by both lactate and Na, and the depolarization effect was expectedly reduced by diazoxide. These data thus support the view that lactate serves as an energy substrate to up-regulate the firing activity of the GABAergic neurons.

From these results, the following cellular mechanism for the signaling from glial cells to neurons became clear. Na-level-dependent \( Na^+ \) influx through \( Na_x \) and direct interaction between \( Na_x \) and \( Na^+/K^+\)-ATPase are the basis for activation of \( Na^+/K^+\)-ATPase in the glial cells. Activation of \( Na^+/K^+\)-ATPase stimulates anaerobic metabolism of glucose by the glial cells, which produces lactate as the end product. There exist GABAergic neurons spontaneously firing in the SFO. Lactate released from the glial cells functions as the substance signaling to the neurons for activation.
To my knowledge, this study is the first to show that glial cells take the initiative in the regulation of neural activity using lactate as a signaling substance.
Table of contents

Abstract.............................................................................................................................................. ii
Table of contents.................................................................................................................................x
Abbreviations......................................................................................................................................xii
List of Figures.....................................................................................................................................xv
Chapter I  General introduction........................................................................................................ 1
  Figures................................................................................................................................................ 6
Chapter II  Naₙ channels directly interact with the α-subunits of Na⁺/K⁺-ATPase..................... 15
  Introduction...................................................................................................................................... 16
  Materials and Methods...................................................................................................................... 17
  Results............................................................................................................................................... 22
  Discussion......................................................................................................................................... 24
  Figures............................................................................................................................................... 26
Chapter III  Functional coupling between Naₙ channels and Na⁺/K⁺-ATPase, and Na⁺ influx through Naₙ on the bases of Na-dependent activities of glucose uptake in glial cells.......................................................... 34
  Introduction...................................................................................................................................... 35
  Materials and Methods...................................................................................................................... 36
  Results............................................................................................................................................... 40
  Discussion......................................................................................................................................... 44
  Figures............................................................................................................................................... 46
Chapter IV  An increase of the extracellular Na concentration sensed by Naₙ in glial cells is transmitted to neurons by lactate to activate neural activities of the SFO.......................................................................................................................... 54
  Introduction...................................................................................................................................... 55
  Materials and Methods...................................................................................................................... 56
  Results............................................................................................................................................... 59
Discussion---------------------------------------------------------------65
Figures---------------------------------------------------------------69
Chapter V  Summary and conclusion----------------------------------82
Figure---------------------------------------------------------------85
Chapter VI  References---------------------------------------------87
Acknowledgements--------------------------------------------------96
### Abbreviations

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Full Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>AP</td>
<td>area postrema</td>
</tr>
<tr>
<td>APV</td>
<td>D-(−)-2-amino-5-phosphono-pentanoic acid</td>
</tr>
<tr>
<td>BCIP</td>
<td>5-bromo-4-chloro-3-indolyl-phosphate</td>
</tr>
<tr>
<td>CBB</td>
<td>coomassie brilliant blue R-250</td>
</tr>
<tr>
<td>CCD</td>
<td>charge coupled device</td>
</tr>
<tr>
<td>α-CHCA</td>
<td>α-cyano-4-hydroxycinnamic acid</td>
</tr>
<tr>
<td>CNS</td>
<td>central nervous system</td>
</tr>
<tr>
<td>CSF</td>
<td>cerebrospinal fluid</td>
</tr>
<tr>
<td>CVOs</td>
<td>circumventricular organs</td>
</tr>
<tr>
<td>dbcAMP</td>
<td>N(^6),2′-O-dibutyryl cyclic AMP</td>
</tr>
<tr>
<td>DIC</td>
<td>differential interference contrast</td>
</tr>
<tr>
<td>DMEM</td>
<td>dulbecco’s modified eagle medium</td>
</tr>
<tr>
<td>Dox</td>
<td>doxycycline</td>
</tr>
<tr>
<td>DRG</td>
<td>dorsal root ganglia</td>
</tr>
<tr>
<td>EAAT</td>
<td>excitatory amino acid transporter</td>
</tr>
<tr>
<td>EDTA</td>
<td>ethylenediamine-(N,N,N',N')-tetraacetic acid</td>
</tr>
<tr>
<td>FCS</td>
<td>fetal calf serum</td>
</tr>
<tr>
<td>GABA</td>
<td>(\gamma) (gamma)-aminobutyric acid</td>
</tr>
<tr>
<td>GAT</td>
<td>(\gamma) (gamma)-aminobutyric acid transporter</td>
</tr>
<tr>
<td>GFAP</td>
<td>glial fibrillary acidic protein</td>
</tr>
<tr>
<td>GLAST</td>
<td>L-glutamate / L-aspartate transporter</td>
</tr>
<tr>
<td>GLT</td>
<td>L-glutamate transporter</td>
</tr>
<tr>
<td>GST</td>
<td>glutathione S-transferase</td>
</tr>
<tr>
<td>HEPES</td>
<td>4-(2-hydroxyethyl)piperazine-1-ethanesulfonic acid</td>
</tr>
<tr>
<td>ICV</td>
<td>intracerebroventricular</td>
</tr>
<tr>
<td>IP</td>
<td>immunoprecipitation</td>
</tr>
<tr>
<td>KO</td>
<td>knockout mouse</td>
</tr>
<tr>
<td>MCT</td>
<td>monocarboxylate transporter</td>
</tr>
<tr>
<td>ME</td>
<td>median eminence</td>
</tr>
</tbody>
</table>
MnPO  medial preoptic
Na  sodium
NBT  4-nitroblue tetrazolium chloride
2-NBDG  $2-\left(N-(7\text{-nitrobenz-2-oxa-1,3-diazol-4-yl})amino\right)-2$-deoxyglucose
NBQX  2,3-dixo-6-nitro-1,2,3,4-tetrahydrobenzo[f]quinoxaline-7-Sulfonamide
NHP  neurohypophysis
NNC711  1,2,5,6-tetrahydro-1-[2-[[((dyphenylmethylene)amino)oxy]ethyl]-3-pyridinecarboxylic acid hydrochloride
OVLT  organum vasculosum of the lamina terminalis
PBS  phosphate-buffered salines
PFA  paraformaldehyde
PVN  paraventricular nucleus
SBFI/AM  sodium-binding benzofuran isophthalate acetoxyethyl ester
SDS-PAGE  SDS-polyacrylamide gel electrophoresis
SE  standard error
SFO  subfornical organ
SNAP5114  $1-[2-\left[tris(4\text{-methoxyphenyl})methoxy\right]ethyl]-(S)$-3-piperidinecarboxylic acid
SON  supraoptic nucleus
S1  first transmembrane segment
S4  fourth transmembrane segment
S6  sixth transmembrane segment
TBOA  DL-$\text{threo-}\beta$-benzyloaspartic acid
TPI  triose-phosphate isomerase
TRE  tetracycline-responsive element
TTX  tetrodotoxin
VHC  ventral hippocampal commissure
3V  third ventricle
WT  wild-type mouse
$[\text{Na}^+]$  sodium concentration
<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>([\text{Na}^+]_i)</td>
<td>intracellular sodium concentration</td>
</tr>
<tr>
<td>([\text{Na}^+]_o)</td>
<td>extracellular sodium concentration</td>
</tr>
</tbody>
</table>
List of Figures

Chapter I

Fig. I.1. Sensory circumventricular organs
Fig. I.2. Na$_x$ channel is a member of the sodium channel family
Fig. I.3. Na$_x$ was expressed in specialized region of the adult CNS
Fig. I.4. Abnormal increase of Fos-immunopositive nuclei were selectively observed in the SFO and OVLT of the Na$_x$-KO mice under dehydrated conditions
Fig. I.5. Na$_x$-KO mice exhibit abnormal salt-intake behavior under dehydrated conditions
Fig. I.6. Na$_x$-KO mice are insensitive to increases of the Na level in the CSF
Fig. I.7. Abnormal salt-intake behavior of Na$_x$-KO mice was rescued by introduction of the Na$_x$ gene to SFO
Fig. I.8. Na$_x$ channel is a concentration-sensitive Na channel
Fig. I.9. The Na$_x$ channel is expressed in perineuronal processes of astrocytes and ependymal cells in the SFO

Chapter II

Fig. II.1. Regions in Na$_x$ used for the two-hybrid experiments and region in Na$^+$/K$^+$-ATPase encoded by positive clones
Fig. II.2. Purification of GST or His-tagged proteins for subsequent pull-down assays
Fig. II.3. *In vitro* binding assay between Na$^+/K^+$-ATPase and Na$_x$ channels using purified proteins
Fig. II.4. *In vitro* binding assay between Na$^+/K^+$-ATPase and Na$_x$ channels using brain membrane lysate
Fig. II.5. Coimmunoprecipitation of Na$_x$ channels and the $\alpha1$ subunit of Na$^+/K^+$-ATPase
Fig. II.6. Colocalization of Na$_x$ channels and the $\alpha 1$ subunit of Na$^+$/K$^+$-ATPase on coronal tissue sections and dissociated cells of the mouse SFO

Fig. II.7. Filter-lift $\beta$-galactosidase assay to examine the binding of the C-terminal region of Na$_x$ channels with the $\alpha 1$, $\alpha 2$ and $\alpha 3$ subunits of Na$^+$/K$^+$-ATPase

Fig. II.8. In situ hybridization with probes for Na$_x$ channel, and $\alpha 1$, $\alpha 2$ and $\alpha 3$ subunits of Na$^+$/K$^+$-ATPase on coronal tissue sections of the mouse SFO

Chapter III

Fig. III.1. Functional expression of Na$_x$ channels in rat C6 glioma cells

Fig. III.2. Colocalization of Na$_x$ channels and $\alpha 1$ subunits of Na$^+$/K$^+$-ATPase in C6M16 cells

Fig. III.3. Interaction between Na$_x$ and Na$^+$/K$^+$-ATPase is the basis for Na$^+$-dependent stimulation of the cellular glucose metabolism

Fig. III.4. Glucose-uptake activity of the cells with coexpression of the Na$_x$-interacting region of respective $\alpha$ subunits of Na$^+$/K$^+$-ATPase in 170mM Na solution

Fig. III.5. Glucose-uptake activity of the cells with coexpression of the C-terminal region of Na$_x$ in 170 mM Na solution

Fig. III.6. Activation of glucose uptake requires both Na$^+$ influx and stimulation of Na$^+$/K$^+$-ATPase by Na$_x$ channels through the C-terminal region

Fig. III.7. The role of the C-terminal region of Na$_x$ in stimulating glucose metabolism

Chapter IV

Fig. IV.1. Na$_x$ channel is involved in Na-sensitive uptake of glucose in the SFO

Fig. IV.2. Cells that intensively took up 2-NBDG are glial cells in SFO

Fig. IV.3. Imaging analysis of glucose uptake in dissociated SFO cells
Fig. IV.4. Effect of monensin on glucose uptake in dissociated SFO cells
Fig. IV.5. Release of lactate and pyruvate from the SFO tissue into the incubation medium
Fig. IV.6. Control of spike frequency of GABAergic neurons in the SFO by Na
Fig. IV.7. Transporters for neurotransmitters are not involved in the Na-dependent enhancement of neuronal activities
Fig. IV.8. Glutamatergic transmission is not involved in the Na-dependent enhancement of neuronal activities
Fig. IV.9. Purinergic signaling is not involved in the Na-dependent enhancement of neuronal activities
Fig. IV.10. Control of spike frequency of GABAergic neurons in the SFO by lactate
Fig. IV.11. Summary of the electrophysiological experiments with the SFO of wild-type (WT) and Na<sub>x</sub>-KO (KO) mice
Fig. IV.12. Concentration dependency of lactate’s effect on the spike frequency of GABAergic neurons
Fig. IV.13. Putative role of K<sub>ATP</sub> channel in Na-dependent stimulation of GABAergic neurons in the SFO

Chapter V

Fig. V.1. Schematic overview of the Na-level sensing mechanism and Na-dependent regulation of neurons in the SFO
Chapter I

General introduction
**Na sensor is postulated to exist in the sensory circumventricular organs**

Sodium (Na) is a major electrolyte of the extracellular fluids and the main determinant of osmolarity. Because Na homeostasis is essential to life, Na-ion concentrations in plasma and CSF are continuously monitored to maintain a physiological level of Na in body fluids. A specific Na sensor has been long hypothesized to exist in the brain for the control of Na intake (Denton et al., 1996; Weisinger et al., 1979) as well as natriuresis (Cox et al., 1987; Denton et al., 1996). The site for the sensing was postulated in the circumventricular organs (CVOs) in the periventricular region of the brain (Cox et al., 1987; Denton et al., 1996; Park et al., 1989). The CVOs, midline structures found in the brain of all vertebrates (McKinley et al., 2003), are so named because of their proximity to the ventricles of the brain. They are situated in the walls of the ventricle and are accessed by the CSF via a single layer of specialized ependymal cells. In addition, they have characteristic structures of permeable capillary networks that lack blood-brain barrier and facilitate tissue penetration of circulating substances (Johnson and Gross, 1993). Among the CVOs, only three loci, the subfornical organ (SFO), organum vasculosum of the lamina terminalis (OVLT), and area postrema (AP) harbor neuronal cell bodies, which have efferent neural connections to many other areas of the brain. Their neurons are supposedly exposed to the chemical environment of the general circulation, unlike other neuronal perikarya in the CNS, because of the lack of a normal blood-brain barrier. Therefore, these three CVOs are termed sensory circumventricular organs (Fig. I.1; Johnson and Gross, 1993). As for Na, the anterior wall of the third ventricle, where the SFO and OVLT take place, has been suggested to be involved in Na sensing (Andersson, 1978; Denton et al., 1996; Johnson et al., 2003).

**Naₙ-KO mice shows abnormal Na-intake behaviors**

Naₙ is an atypical Na channel with low homology (~50% identical) to other voltage-gated sodium channels (Fig. I.2; Goldin et al., 2000). It shows significant amino acid sequence differences in the voltage sensors compared with voltage-gated sodium channels: Naₙ lacks some positive charges in the S4 segment, which are important for voltage sensitivity. The amino acid sequences in the inactivation gate and pore regions which are critical for channel function in voltage-gated sodium channels are
not conserved either (George et al., 1992). In addition, all the attempts to express functional Na\textsubscript{x} channels using heterologous expression systems such as Xenopus oocytes, Chinese hamster ovary cells, and human embryonic kidney 293 cells, have been unsuccessful (Felipe et al., 1994; Akopian et al., 1997). To examine the functional role of Na\textsubscript{x} in vivo, Prof. Noda’s laboratory generated a mouse line in which the Na\textsubscript{x} gene was knocked-out by insertion of the LacZ gene in-frame (Watanabe et al., 2000). In these mice, the lacZ gene is expressed in place of the Na\textsubscript{x} gene and one can detect the loci of Na\textsubscript{x} expression by X-gal staining. The lacZ expression was limited to specific loci including four CVOs, the SFO, OVLT, median emincence (ME), and posterior pituitary (Fig. I.3; Watanabe et al., 2000).

If the Na\textsubscript{x} channel has some functional roles in the sensory circuits for body-fluid homeostasis, the neural activity and gene expression in these organs would be affected in the Na\textsubscript{x}-gene knockout (Na\textsubscript{x}-KO) mice. They examined the effects of water deprivation on the expression of a nuclear protein, Fos, the product of the c-fos proto-oncogene (Fig. 1.4; Watanabe et al., 2000). Fos is a marker of changes in neural activity in response to the extracellular fluid balance in mice and rats (Ueta et al., 1995; Chae and Heideman, 1998; Morien et al., 1999). Fig. 1.4B shows the time course of changes in Fos-immunopositive cell density under water-satiated and dehydrated conditions. In the water-satiated condition, Fos-immunopositive cells were not detected in WT and Na\textsubscript{x}-KO mice. As the duration of water deprivation increases, cell numbers with Fos-immunopositive nuclei were remarkably increased in the SFO and OVLT but not in other regions (SON, MnPO, PVN, data not shown).

They next examined the preference to hypertonic saline (0.3 M NaCl). In the dehydrated condition, animals take in a large quantity of water and avoid hypertonic saline to recover from the hypertonic state. However, Na\textsubscript{x}-KO mice did not stop ingesting salt when dehydrated, while WT mice avoided salt (Fig. I.5; Hiyama et al., 2004; Watanabe et al., 2000). They further examined the effects of the direct stimulation of CVOs with hypertonic Na solutions from the cerebral ventricle on drinking behavior in the two-bottle test. They showed that salt aversive behavior does not occur on direct infusion of a hypertonic Na solution (0.5 M NaCl) into the cerebral ventricle in Na\textsubscript{x}-KO mice in contrast to wild-type mice (Fig. I.6; Hiyama et al., 2004).
The behavioral phenotype of \(Na\)-KO mice was completely recovered by a site-directed transfer of the \(Na\) gene with an adenoviral vector into the SFO (Fig. I.7; Hiyama et al., 2004). All these findings indicate that the \(Na\) channel is the brain Na-level sensor (Noda, 2006), that was postulated to be present in the CVOs involved in the regulation of water/salt-intake (Andersson, 1978). These results led them to propose \(Na\) is involved in the sodium-level sensing mechanism in the brain.

**\(Na\) is equipped with molecular properties for the Na-level sensor**

Next, the molecular properties of \(Na\) expressed in the SFO were explored by imaging analysis. When the extracellular sodium-ion concentration ([\(Na^+\])\(_o\)) was raised stepwise from the normal amount, they examined the intracellular sodium-ion concentration ([\(Na^+\])\(_i\)). When [\(Na^+\])\(_o\) was increased from the control amount of 145 mM (physiological level) to 170 mM by bath application, the [\(Na^+\])\(_i\) of some cells dissociated from the SFO of wild-type mice showed a pronounced increase (Fig. I.8A). Importantly, all the responsive cells were \(Na\)-immunoreactive. In contrast, some \(Na\)-immunonegative cells dissociated from the SFO did not show such response. These data indicates that the \(Na\) channel is a concentration-sensitive Na channel with a threshold value of approximately 150 mM for the extracellular Na ion (Fig. I.8B; Hiyama et al., 2002). The sensitivity and threshold of \(Na\) channels to the extracellular Na-level is in a range of physiological change: sodium concentrations and plasma osmolarity increase by 5–10% during thirst conditions (Wakerley et al., 1978; Nose et al., 1992).

**\(Na\) is expressed in glial laminate processes in the sensory CVOs**

More recently, they tried to identify the cellular population expressing \(Na\) channels in the sensory CVOs by double-immunostaining and immuno-electron microscopic analyses. They found that \(Na\) channels are specifically expressed in perineuronal processes of astrocytes and ependymal cells enveloping particular neural populations in the sensory CVOs (Fig. I.9; Watanabe et al., 2006). In addition, glial cells isolated from the subfornical organ, one of the CVOs, were sensitive to an increase in the extracellular
sodium level, as analyzed by an ion-imaging method. These findings indicate that the Na$_x$-expressing glial cells are the primary site of sodium-level sensing, and suggest a signaling mechanism by which the Na-increase sensed by “inexcitable” glial cells is transferred to neurons. A specific neuron-glia communication regulated by Na$_x$ channel is implicated in the ingestion control for the salt/water homeostasis.

In this study, I tried to reveal this mechanism using multidisciplinary approaches, and eventually found that lactate-based signaling from Na$_x$-positive glial cells to neurons is involved in the sensing mechanism of the Na level in body fluids.
Fig. I.1.  Sensory circumventricular organs.
The sensory circumventricular organs (CVOs) in the midsagittal section of the mouse brain are schematically represented. Those three loci are midline structures situated in the wall of third and fourth ventricles. Among CVOs, only sensory CVOs harbor neuronal cell bodies. SFO, subfornical organ; OVLT, organum vasculosum laminae terminalis; AP, area postrema; 3V, third ventricles.
Fig. I.2.  Na× channel is a member of the sodium channel family.
(A) Phylogenetic relationships of rat sodium channel sequences Na×1.1–1.9 and Na×. TTX-R: tetrodotoxin resistant sodium channels.
(B) Putative transmembrane topology of sodium channel α subunits. 1–6, putative transmembrane segment (S1–S6) in each repeat (I–IV); P, pore region; IFM, a critical motif for the fast inactivation.
(C) Alignments of S4 segments of rat Na×1.2, Na×1.7, and Na×. Na× lacks some positively-charged amino acids (red) in the S4 segment, which are important for voltage sensitivity.
(D) Inter-domains between III–VI of rat Na×1.1–1.9 and Na×. The amino acid sequences in Na× for the inactivation gate which are critical for the fast inactivation in voltage-gated channel are not conserved. Yellow : IFM, a critical motif for the fast inactivation.
Fig. I.3. Na\textsubscript{x} was expressed in specialized region of the adult CNS. 

*La*c\textsubscript{Z} expression was analyzed in Na\textsubscript{x}-KO mice, in which Na\textsubscript{x} is replaced by lac\textsubscript{Z}. The Na\textsubscript{x}-positive circumventricular organs (CVOs) in the midsagittal section are schematically represented. SFO, subfornical organ; OVLT, organum vasculosum laminae terminalis; ME, median eminence; NHP, neurohypophysis; 3V, third ventricle.
Fig. 1.4. Abnormal increase of Fos-immunopositive nuclei were selectively observed in the SFO and OVLT of the Na⁺-KO mice under dehydrated conditions. (A) Typical examples of tissue sections containing the OVLT derived from euhydrated or 24-hour dehydrated wild-type (WT) and Na⁺-KO (KO) mice. Scale bar, 200 µm. WT or Na⁺-KO mice were dehydrated for 0, 12, 24 and 48 hours and then fixed. The fixed brains were cut coronally into 50 µm thick sections and stained with anti-Fos polyclonal antibody. (B) Mean numbers of Fos-immunopositive cells per square millimeters in the SFO, OVLT, during water deprivation were plotted. Data are mean and SE. * P < 0.05, two-tailed t test (against WT). SFO, subfornical organ; OVLT, organum vasculosum laminae terminalis.
Fig. 1.5. *Na<sub>x</sub>*-KO mice exhibit abnormal salt-intake behavior under dehydrated conditions.

(A) Schematic representation of the experimental setup for the two-bottle test.

(B) Averaged time course of water and saline (0.3 M NaCl) intake in wild-type (WT) and *Na<sub>x</sub>*-KO (KO) mice during the dark phase immediately after 48 hours of dehydration. After dehydration, animals of both genotypes rushed to drink fluids in large amounts, and subsequently, the drinking rate decreased gradually. When dehydrated, WT mice preferred pure water and avoided the hypertonic saline. In contrast, *Na<sub>x</sub>*-KO mice took both pure water and 0.3 M NaCl equally. Each point shows the average quantity per 10-minute period. n = 10.
**Fig. I.6.** $Na_v$-KO mice are insensitive to increases of the Na level in the CSF.

(A) Direct stimulation of CVOs with hypertonic Na solutions from the cerebral ventricle during the two-bottle test. Location of the cannula for intracerebroventricular microinfusions (top). The tip of the cannula was positioned at the lateral ventricle. A schematic representation of the experimental setup for the two-bottle test (bottom). Two drinking tubes were presented to free-moving mice infused with sodium solutions into the cerebral ventricle for 12 hours.

(B) Averaged time course of water and saline (0.3 M NaCl) intake in wild-type (WT) and $Na_v$-KO (KO) mice during intracerebroventricular (ICV) infusions of a hypertonic (0.5 M) NaCl solution. When the hypertonic saline (0.5 M NaCl) was continuously infused into the cerebral ventricle, WT mice clearly avoided the salt solution. In contrast to the WT, the $Na_v$-KO mice did not show such an aversion to the salt solution. Each point shows the average quantity per 10-minute period. n =10. SFO, subfornical organ; OVLT, organum vasculosum laminae terminalis.

Adapted from Hiyama et al., J. Neurosci. 24(42):9276-81, 2004
Fig. 1.7. Abnormal salt-intake behavior of $Na_x$-KO mice was rescued by introduction of the $Na_x$ gene to SFO.

$Na_x$ gene was locally introduced into the brain of the $Na_x$-KO (KO) mice with an adenoviral expression vector carrying $Na_x$ under the control of the cytomegalovirus promoter. An adenoviral expression vector encoding the egfp gene was coinjected to identify the infected site after the experiments. One week after the injection, the mice were subjected to the behavioral tests to examine whether Na-aversion behavior was rescued.

Among the $Na_x$-KO mice that received the $Na_x$ gene together with the egfp, six showed the Na aversion as in the wild-type (WT) mice when dehydrated. The infected regions in these mice were then analyzed. All of the 6 mice that were conferred with the Na-aversion behavior showed a common infection finely in the SFO ($Na_x + EGFP$). The coronal sections of the brain showing the loci infected by the expression of EGFP (left column). Time course of water and saline (0.3 M NaCl) intake by the infected mice before and after 48 hours of dehydration (middle and right columns, respectively). Behavioral data are the average of six mice that were successfully infected at a specific site in the brain by an adenoviral vector encoding egfp (EGFP) or by vectors encoding egfp and $Na_x$ ($Na_x + EGFP$). SFO, subfornical organ.
Fig. I.8. Na_x channel is a concentration-sensitive Na channel.

(A) Pseudocolor images showing the intracellular Na concentration ([Na^+]_i) of the cells in the control and 170 mM Na solutions. When extracellular Na concentration ([Na^+]_o) was increased from the control amount of 145 mM to 170 mM by bath application of NaCl solution, the [Na^+]_i of dissociated SFO cells derived from wild-type (WT) mice showed a pronounced increase from ~10 mM to ~30 mM. All the responsive cells in this region were also Na_x-immunoreactive cells. In contrast, no SFO cells derived from Na_x-KO (KO) mice showed such responses. Scale bar, 50 μm.

(B) Relationship between the [Na^+]_i increase rate (R) and [Na^+]_o. R was calculated from the slope between 20% and 80% of maximum [Na^+]_i. The solid line is the fit of the data to the equation $R = R_{Max}/(1 + \exp((C_{1/2} - C)/a))$, where $C = [Na^+]_o$. The values $R_{Max} = 3.04$ mM/min, $C_{1/2} = 157$ mM and $a = 4.67$ mM were used; $n = 21$.
Fig. I.9. The Na$_x$ channel is expressed in perineuronal processes of astrocytes and ependymal cells in the SFO.

(A) Schematic representation of the SFO and Na$_x$ channels. The features of SFO are extensive vascularization, no blood-brain barrier, and atypical ependymal cells. SFO, subfornical organ; OVLT, organum vasculosum laminae terminalis; 3V, third ventricles; CSF, cerebrospinal fluid; MnPO, median preoptic; SON, supraoptic nucleus; PVN, paraventricular nucleus.

(B and C) Immunoelectron microscopic image of the core regions of the SFO. Neurons and their processes are surrounded by immunopositive thin processes of astrocytes (B). These immunopositive thin lamellate processes extended from cell bodies of astrocytes in B is magnified in C. The asterisk in B indicates an artificial void region produced during fixation or staining. Ast, astrocyte; Np, neuronal process; N, neuron. Scale bar: 1 µm.
Chapter II

$\text{Na}_x$ channels directly interact with the $\alpha$-subunits of $\text{Na}^+/\text{K}^+$-ATPase
II.1 Introduction

As referred in Chapter I, I hypothesized that there exist some signaling mechanisms by which the Na signal sensed by glial cells is transferred to neurons in the SFO. To find a clue to the mechanism for the glia-neuron transmission in the Na-sensing, I tried to reveal the physiological role of Na\textsubscript{x} in the glial cells. I screened for molecules interacting with Na\textsubscript{x} using the yeast two-hybrid system with each of the cytoplasmic domains of mouse Na\textsubscript{x} as bait. I found several candidate molecules that interact with Na\textsubscript{x}, including cytoskeletal protein, ionic pump, phosphatase, Ca\textsuperscript{2+} binding protein, motor protein, proteasome subunit, intracellular signaling protein, and house-keeping cytosolic enzyme. Among them, I selected \(\alpha\) subunit Na\textsuperscript{+}/K\textsuperscript{+}-ATPase for subsequent analysis, because Na\textsubscript{x} and Na\textsuperscript{+}/K\textsuperscript{+}-ATPase are supposed to be relevant through Na influx to the cell. Na influx is proposed as an activating stimulus of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase (Pellerin et al., 1998). It implies the possibility of colocalization in the membrane and direct functional coupling between the two. I then examined the interaction between Na\textsubscript{x} and Na\textsuperscript{+}/K\textsuperscript{+}-ATPase by several biochemical approaches.
II.2 Materials and Methods

cDNA library and yeast two-hybrid screening

Adult wild-type mice were deeply anesthetized with diethyl ether before decapitation. The dorsal root ganglia (DRG) were removed, and total RNA was extracted using Trizol reagent (Invitrogen, Carlsbad, CA). Messenger RNA was isolated using Dynabeads (Invitrogen). A DRG cDNA library was generated by using the SuperScript Choice System for cDNA Synthesis (Invitrogen) according to the instruction manual using the pACT2 prey vector to express fusion proteins with the GAL4 transcription-activating domain (approximately $8 \times 10^5$ independent clones).

DNA fragments encoding the cytoplasmic regions of mouse Na$_x$ channels (amino acids: 1–116, 394–504, 724–932, 1186–1251, and 1489–1681) were individually inserted into the pBTM116 bait plasmid (Bartel and Fields, 1995; Vojtek and Hollenberg, 1995) to express as an in-frame fusion protein with the LexA DNA-binding domain. Saccharomyces cerevisiae strain L40 cells (Vojtek et al., 1993) were transformed with the bait plasmids, and transformants were selected based on growth on plates of a synthetic dropout medium lacking tryptophan (nacalai tesque, Kyoto, Japan). Yeast two-hybrid screening was performed according to the manufacturer’s directions (Yeast Protocols Handbook; Clontech). Briefly, the L40 cells transformed with both the bait plasmid and prey plasmid were selected based on growth on plates of synthetic dropout medium lacking tryptophan, leucine, and histidine but containing 3 mM 3-aminotriazole by incubation for six days at 30 °C. Approximately $3 \times 10^6$ clones were screened using a mouse DRG cDNA library. Positive clones were selected by conducting a β-galactosidase filter-lift assay at 30°C for two days according to the manufacturer’s directions (Yeast Protocols Handbook; Clontech).

Plasmid DNAs were recovered from the positive clones, and retransformed individually into L40 cells to verify the positive phenotype. The nucleotide sequences of positive clones were determined by a DNA sequence analyzer (3100, Applied Biosystems, Foster City, CA), and the identity of the putative interacting proteins encoded in the positive clones was determined by data base searches
(Nucleotide-nucleotide BLAST, NCBI). Using the C-terminal region of Na\(_x\) as bait, I identified three Na\(^+/K^+\)-ATPase \(\alpha_1\) clones encoding an identical region (amino acid residues 596–717: GenBank accession number BC042435).

For analyzing the interaction between the C-terminal region of Na\(_x\) and \(\alpha\) subunits of Na\(^+/K^+\)-ATPase, DNA fragments encoding the mouse \(\alpha_2\) (593–714 of BC036127) and \(\alpha_3\) (586–707 of BC037206) subunits were individually inserted into the pACT2 prey plasmid to express fusion proteins with the GAL4 transcription-activating domain. A filter-lift \(\beta\)-galactosidase assay was performed as described above.

**Immunoprecipitation**

Preparation of cellular membrane proteins was performed as described (Garty et al., 2002; Jewell and Lingrel, 1991) with some modifications. Briefly, C6M16 cells (1.8 \(\times\) 10\(^7\)) were homogenized in 1.2 ml of 1 mM NaHCO\(_3\), 2 mM CaCl\(_2\), and 5 mM MgCl\(_2\), and centrifuged at 3,000 \(g\) for 5 min. The supernatant was treated with 1 M NaI for 10 min, and membranes were precipitated by centrifugation at 48,000 \(g\) for 30 min. The membranes were washed twice with a buffer containing 25 mM imidazole, 20 mM Tris-HCl, 50 mM NaCl, and 1 mM EDTA (pH 7.4), and suspended in 500 \(\mu l\) of the same buffer. Membrane proteins were solubilized by adding C\(_{12}\)E\(_{10}\) (decaethylene glycol monododecyl ether, Sigma) to a final concentration of 1 mg/ml. After centrifugation at 100,000 \(g\) for 30 min, the supernatant was used for immunoprecipitation. The supernatant (250 \(\mu l\)) was incubated with anti-Na\(^+/K^+\)-ATPase \(\alpha_1\) mouse monoclonal antibody (clone 6H, 1:250 dilution, Upstate Biotechnology, Lake Placid, NY) or control antibody (mouse monoclonal anti-HA antibody, clone HA-7, Sigma) for 3 hr. Protein G Sepharose (20-\(\mu l\) volumes, pre-washed with a buffer containing 1 mg/ml of C\(_{12}\)E\(_{12}\) and 1% polyvinylpyrrolidone) was added, and the suspensions were further incubated with swirling for 1 hr. The immunoprecipitates were washed four times with the buffer containing 1 mg/ml of C\(_{12}\)E\(_{10}\), and subjected to immunoblotting analysis as described (Fujikawa et al., 2003). All experiments were performed below 4\(^\circ\)C.
**Pull-down experiment**

I performed pull-down experiments using glutathione S-transferase (GST) fusion proteins of the carboxyl-terminal region (amino acid residues 1,489–1,681) of Na₉ (GST-Na₉-C-term). I used the pGEX expression vector system and GST trap FF column (GE healthcare, Piscataway, NJ) to prepare GST-Na₉-C-term proteins. To generate expression plasmid for His-tagged fragment of the α₁ subunit of Na⁺/K⁺-ATPase (His₆-Na⁺/K⁺α₁), the corresponding cDNA region (amino acid residues 591–759) was amplified by PCR using mouse cDNA of the α₁ subunit of Na⁺/K⁺-ATPase as template with primers containing a EcoRI site (5'-tgaattcatgattgaccctccccgagctgc-3') and SalI site (5'-agtgcgaccttacctaatcaaatcag-3'). The cDNA fragment excised by EcoRI and SalI digestion was inserted into the EcoRI and SalI sites of pET-28a (Novagen, San Diego, CA). His₆-Na⁺/K⁺α₁ was expressed in *E. coli* BL-21(DE3) and purified by metal chelate chromatography (His-Bind purification kit, Novagen). For the pull-down assay, 20 µl of glutathione sepharose beads coated with 2 µg of GST-Na₉-C-term or GST were incubated with tissue lysate (200 µg protein) prepared by extraction with 1% Triton X-100 from the mouse brain membrane fraction (Maeda *et al.*, 1994) or with purified His₆-Na⁺/K⁺α₁ (2 µg), in 400 µl of 50 mM Tris-HCl, pH 7.5, 150 mM NaCl, and 1% Triton X-100 overnight at 4°C. After washing the beads, the bound proteins were eluted by boiling in the SDS-PAGE sample buffer and subjected to immunoblotting analysis.

**Immunohistochemistry of brain sections**

The cryostat sections were incubated with 25 mM glycline in PBS for 30 min and pretreated with 5% serum in PBS containing 0.1% Triton X-100 (PBST) overnight at 4°C. They were then incubated with a mixture of primary antibodies (anti-Na₉ rabbit antiserum at a 1:1000 dilution, and Na⁺/K⁺-ATPase α₁ mouse monoclonal antibody at 5 µg/ml) in the blocking buffer for 2 days at 4°C. The sections were washed 3 times with PBST and then incubated with fluorescent dye-conjugated secondary antibodies (Alexa488-conjugated anti-mouse antibody, 1:500; and Alexa594-conjugated anti-rabbit
antibody, 1:500; Molecular Probes, Eugene, OR) overnight at 4°C. They were then washed 3 times with PBST, mounted, and observed under a fluorescence microscope.

**Dissociation culture of the SFO cells**

Adult wild-type mice (8–16 wk old: n = 10) were deeply anesthetized with diethyl ether and decapitated. The SFOs were then excised from the brains. Dissociation of the SFO was performed as previously reported (Hiyama et al., 2002). Isolated cells were plated on glass-bottom dishes (Matsunami Glass, Kishiwada, Japan) coated with Cell-tak (BD Biosciences, NJ), and incubated in DMEM containing 10% FCS in a humidity-controlled incubator gassed with 5% CO₂ for 3 hr at 37°C.

**Immunostaining of dissociated SFO cells**

SFO cells on the Cell-tak-coated glass-bottom dishes were washed twice with PBS and fixed in ice-cold methanol for 1 hr. Fixed cells were permeabilized with 0.04 % NP-40 in PBS for 20 min, and then blocked with 4% skim milk in PBS (blocking buffer). The cells were incubated overnight at 4°C with a mixture of primary antibodies in the blocking buffer and washed four times with PBS: for the experiments in Fig. IV.2 in Chapter IV, anti-GFAP antibody (sc-9065; Santa Cruz Biotechnology, Santa Cruz, CA) was used. To detect the binding of specific antibodies, cells were incubated for 1 hr with fluorescent dye-conjugated antibodies, and washed four times with PBS. The antibodies were diluted as described in the immunohistochemistry of brain sections. Cells were mounted with Permafluor (Beckman Coulter Co., Marseille, France) and observed using a Zeiss LSM510 confocal microscope (Carl Zeiss, Jena, German).

**In situ hybridization**

Templates used for the preparation of probes were the 792-bp fragment of mouse Na⁺/K⁺-ATPase α1 cDNA (residues 2191–2983, GenBank accession number BC042435), the 469-bp fragment of mouse Na⁺/K⁺-ATPase α2 cDNA (881–1350, BC036127), and the 303-bp fragment of mouse Na⁺/K⁺-ATPase α3 cDNA (3201–3504, BC037206).
Mice were anesthetized and perfused with 4% paraformaldehyde (PFA) in PBS. Brains were dissected, fixed overnight at 4°C, and infiltrated with a graded sucrose series. The brains were then embedded in OCT compound (Sakura, Tokyo, Japan) and sectioned at 14 μm with a cryostat (CM3050S, Leica Microsystems, Wetzlar, Germany). Samples were postfixed in 4% PFA for 15 min, washed in PBS for 5 min, and then treated with 10 μg/ml proteinase K for 10 min at room temperature, refixed in the 4% PFA, and acetylated in 0.1 M triethanolamine. After a wash with PBS, the samples were prehybridized for 1 hr, and hybridized for 16 h at 55°C. Digoxigenin-labeled RNA probes were denatured for 5 min at 85°C before use. The hybridization solution was as follows: 0.1 mM EDTA, 10 mM Tris-HCl, pH 7.4, 0.6 M NaCl, 0.1% SDS, 400 μg/ml yeast tRNA, 1× Denhardt's solution, and 10% dextran sulfate. After hybridization, the samples were washed in 4× SSC at 50°C, then digested with 10 μg/ml RNase A for 1 hr at 37°C, and washed in 2× SSC and 0.1× SSC at 50°C. The samples were finally incubated with alkaline phosphatase-conjugated anti-digoxigenin antibodies at room temperature in a humidified chamber and developed with 4-nitroblue tetrazolium chloride (NBT) and 5-bromo-4-chloro-3-indolyl-phosphate (BCIP) overnight. Images were acquired with a CCD camera (DP70, Olympus, Tokyo, Japan) and microscope system.
II.3 Results

**Na\textsubscript{x} channels directly interact with Na\textsuperscript{+}/K\textsuperscript{+}-ATPase**

To better understand the physiological processes involving Na\textsubscript{x} in glial cells, I screened for molecules interacting with Na\textsubscript{x} using the yeast two-hybrid system with each of the cytoplasmic domains of mouse Na\textsubscript{x} as bait. Among the positive clones isolated from a mouse DRG cDNA library by using the C-terminal region of Na\textsubscript{x} (amino acid residues 1,489–1,681) as bait (Fig. II.1A left), three clones coded for the \( \alpha \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase. A detailed analysis revealed that all these clones were identical and coded for the amino acid residues 596–717 of the \( \alpha 1 \) isoform, a position close to the cytoplasmic catalytic domain of the \( \alpha \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase (Fig. II.1A, right; Fig. II.1B).

The direct interaction between the C-terminal region of Na\textsubscript{x} and the \( \alpha 1 \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase was verified by pull-down assays. The interaction between the C-terminal region of Na\textsubscript{x} and the catalytic domain of the \( \alpha 1 \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase was confirmed by using glutathione S-transferase (GST) pull-down assay. The His-tagged catalytic domain of the \( \alpha 1 \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase (amino acid residues 591–759) (His\textsubscript{6}-Na\textsuperscript{+}/K\textsuperscript{+}\( \alpha 1 \)) and the GST-fusion protein of the C-terminal region (amino acid residues 1,489–1,681) of Na\textsubscript{x} (GST-Na\textsubscript{x}-C-term) were expressed in *E. Coli* and purified (Fig. II.2). The pull-down assay with the purified His\textsubscript{6}-Na\textsuperscript{+}/K\textsuperscript{+}\( \alpha 1 \) showed an direct interaction between the C-terminal region of Na\textsubscript{x} and the catalytic domain of the \( \alpha 1 \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase (Fig. II.3). The beads coated with GST-Na\textsubscript{x}-C-term or GST successfully pulled down the endogenous \( \alpha 1 \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase from the brain membrane fraction prepared from wild-type mice (Fig. II.4).

I further examined the interaction between the full-length mouse \( \alpha 1 \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase and full-length Na\textsubscript{x} protein by establishing C6 cell lines expressing Na\textsubscript{x} (C6M16; see next chapter). Following the immunoprecipitation of the cell lysate with a specific antibody (6H antibody) to the \( \alpha 1 \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase, a Western blot analysis with anti-Na\textsubscript{x} channel antibodies was performed. The 6H antibody efficiently pulled down both Na\textsubscript{x} (~200 kDa) and the \( \alpha 1 \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase at (~110 kDa).
(Fig. II.5, 6H), demonstrating an interaction between the two proteins in living cells. Anti-HA used as a control antibody did not pull down either the Na$_x$ channel or the $\alpha_1$ subunit of Na$^+$/K$^+$-ATPase (Fig. II.5, Con).

Coexpression of the $\alpha_1$ subunit of Na$^+$/K$^+$-ATPase and Na$_x$ channels was examined by double-fluorescent immunostaining using sections of the SFO and dissociated cells from the SFO. The $\alpha_1$ subunit was broadly distributed throughout the SFO, overlapping with the expression of Na$_x$ channels (Fig. II.6B). The confocal microscopic analyses with isolated cells from the SFO showed that both molecules were colocalized in the plasma membrane (Fig. II.6H). Na$_x$ channels were expressed in large round cells, but not in small cells with neurite-like processes: I know that the former are glial fibrillary acidic protein (GFAP)-positive glial cells including ependymal cells, and the latter are neurons (see Watanabe et al., 2006). On the other hand, the $\alpha_1$ subunit of Na$^+$/K$^+$-ATPase was expressed in both cell types, expectedly (Fig. II.6E).

Because the $\alpha_2$ and $\alpha_3$ isoforms of the $\alpha$ subunit of Na$^+$/K$^+$-ATPase are also expressed in the nervous system (Shamraj and Lingrel, 1994), I subsequently examined the interaction of the $\alpha_2$ and $\alpha_3$ isoforms with the C-terminal region of Na$_x$. Experiments using the yeast two-hybrid system showed that the cytoplasmic fragment of $\alpha_2$ corresponding to the region of the $\alpha_1$ isoform isolated (amino acids: 593–714, Fig. II.1B) also interacted with the C-terminal region of Na$_x$, but that of $\alpha_3$ (586–707, Fig. II.1B) did not (Fig. II.7).

To know whether the three $\alpha$ subunit isoforms of Na$^+$/K$^+$-ATPase are coexpressed with Na$_x$ channels in astrocytes and ependymal cells of the SFO, I performed in situ hybridization using adult mouse SFO tissue sections. The mRNAs encoding the $\alpha_1$ and $\alpha_2$ isoforms of Na$^+$/K$^+$-ATPase were expressed in the SFO with a similar pattern to the Na$_x$ channels (Fig. II.8A–C). However, signals for the $\alpha_3$ isoform were not detected in the SFO (Fig. II.8D).
II.4 Discussion

In this chapter, I revealed that Na\textsubscript{x} interacts with the \( \alpha \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase. The \( \alpha \) subunit contains ATP catalytic domain and cation-binding sites for transporting function, and is often referred to as the catalytic subunit (Kaplan, 2002). There exist four isoforms of the \( \alpha \) subunit (\( \alpha_1 \), \( \alpha_2 \), \( \alpha_3 \) and \( \alpha_4 \)) with different tissue distributions. The \( \alpha_1 \), \( \alpha_2 \) and \( \alpha_3 \) isoforms of the \( \alpha \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase are expressed in the nervous system (Shamraj and Lingrel, 1994). I showed that Na\textsubscript{x} has specific interaction with \( \alpha_1 \) and \( \alpha_2 \) isoforms of the \( \alpha \) subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase (Fig. II.7). The \( \alpha_1 \) and \( \alpha_2 \) isoforms are reportedly expressed in astrocytes (McGrail \textit{et al.}, 1991; Watts \textit{et al.}, 1991), consistent with the finding that the Na\textsubscript{x} channel is expressed in glial cells in the CVOs (Watanabe \textit{et al.}, 2006). The expression of \( \alpha_1 \) and \( \alpha_2 \), but not \( \alpha_3 \), was detected in the SFO by \textit{in situ} hybridization (Fig. II.8), suggesting the functional relevancy \textit{in vivo}. Of note is that the amino acid sequence corresponding to the interacting region in the \( \alpha_3 \) isoform contains significant substitutions relative to the \( \alpha_1 \) and \( \alpha_2 \) isoforms (Fig. II.1B). The subunit specificity was functionally verified by coexpression experiments using the binding region of the \( \alpha \) subunits (see Chapter III).

The Na\textsuperscript{+}/K\textsuperscript{+}-ATPase functions in almost all animals as the principal regulator of intracellular Na\textsuperscript{+} and K\textsuperscript{+} concentrations using ATP as an energy source. During each active cycle 3 Na\textsuperscript{+} ions are pumped out of the cell in exchange for 2 incoming K\textsuperscript{+} ions for every ATP molecule consumed (Sweedner, 1989, 1995). Consequently, the ATP hydrolysis of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase is considered to be enhanced when intracellular Na-level increases above usual level (Pellerin \textit{et al.}, 1998). This implies that Na\textsubscript{x}, as a sodium channel, can upregulate Na\textsuperscript{+}/K\textsuperscript{+}-ATPase by supplying Na. The close interaction between Na\textsubscript{x} and Na\textsuperscript{+}/K\textsuperscript{+}-ATPase, revealed in this chapter, further facilitated me to speculate that Na\textsubscript{x} channels have a direct influence on molecular properties of the Na\textsuperscript{+}/K\textsuperscript{+}-ATPase. In the next section, this hypothesis is tested.

In this study, I generated cDNA library from mouse DRG, for neurons and non-myelinating Schwann cells in DRG highly express Na\textsubscript{x}, though the physiological role of Na\textsubscript{x} in these cells still be unexplained. I found several molecules as candidates of binding proteins of Na\textsubscript{x}. However, I have not obtained any hints for the
physiological roles of Na₅ in CNS from the properties of the candidate proteins other than Na⁺/K⁺-ATPase. It is well known that the results of two-hybrid screening can greatly be affected by the cDNA library used in the experiment. So, I am planning to perform novel two-hybrid screenings using the other cDNA libraries, expecting to find new Na₅-binding molecules other than those I have already found.
Fig. II.1. Region in Na\textsubscript{x} used for two-hybrid experiments and region in Na\textsuperscript{+}/K\textsuperscript{+}-ATPase encoded by the positive clones.

(A) Schematic illustrations of Na\textsubscript{x} channel (Left) and \(\alpha\)1 subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase (Right). The numbers represent amino acid residues. In Na\textsubscript{x}, the C-terminal region of bold line represents a bait region used for the yeast two-hybrid screening. In the \(\alpha\)1 subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase, the region encoded by the positive clones is drawn in bold. P, putative pore-forming regions.

(B) Alignment of amino acid sequences of the \(\alpha\)1 (596–717), \(\alpha\)2 (593–714) and \(\alpha\)3 (586–707) isoforms of mouse Na\textsuperscript{+}/K\textsuperscript{+}-ATPase. Amino acids identical among them are shaded, and unique amino acids in \(\alpha\)3 are drawn in red.
Fig. II.2. Purification of GST or His-tagged proteins for subsequent pull-down assays.

Purified proteins were visualized by CBB staining. Closed arrow indicates GST-Na$_x$-C-term (amino acid residues 1,489–1,681) at 47 kDa, open arrow indicates His$_6$-Na$^+$/K$^+$$\alpha_1$ fragment (amino acid residues 591–759 of the $\alpha_1$ subunit of Na$^+$/K$^+$-ATPase) at 26 kDa, and GST at 27 kDa.
Fig. II.3. *In vitro* binding assay between Na⁺/K⁺-ATPase and Na₅ channels using purified proteins.

Glutathione beads coated with GST-Nax-C-term or GST were incubated with the purified His₆-Na⁺/K⁺α1 fragment. The bound His₆-Na⁺/K⁺α1 fragment was detected by Western blotting.
Fig. II.4. *In vitro* binding assay between Na⁺/K⁺-ATPase and Naₓ channels using brain membrane lysate.

Glutathione beads coated with GST-Naₓ-C-term or GST were incubated with the brain membrane lysate. The α1 subunit of Na⁺/K⁺-ATPase (Na⁺/K⁺α1) bound was detected by Western blotting.
Fig. II.5.  Coimmunoprecipitation of Na<sub>x</sub> channels and the α1 subunit of Na<sup>+</sup>/K<sup>+</sup>-ATPase.

Cell lysate prepared from C6M16 cells was immunoprecipitated with a monoclonal antibody (6H) to the α1 subunit of Na<sup>+</sup>/K<sup>+</sup>-ATPase or anti-HA monoclonal antibody (Con) as a negative control, and analyzed by Western blotting using anti-Na<sub>x</sub> antibody (upper) or 6H (lower).
Fig. II.6. Colocalization of Na\textsubscript{x} channels and the \( \alpha \)1 subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase on coronal tissue sections and dissociated cells of the mouse SFO.

(A–H) Immunostaining of Na\textsubscript{x} channels (Na\textsubscript{x}) and the \( \alpha \)1 subunit of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase (\( \alpha \)1) is merged to show the colocalization (Merge) for coronal tissue sections (A–C) and dissociated cells (D–H) of the mouse SFO. A higher magnified picture of the boxed area in (F) is shown in (H). Arrowheads in H point to the dense colocalization of Na\textsubscript{x} and the \( \alpha \)1 subunit in the plasma membrane. DIC, differential interference contrast image; scale bars: 100 \( \mu \)m for (A–C), 30 \( \mu \)m for (D–H).
Fig. II.7. Filter-lift β-galactosidase assay to examine the binding of the C-terminal region of Na$_x$ channels with the α1, α2 and α3 subunits of Na$^+/K^+$-ATPase.

The bait is the C-terminal region of Na$_x$. As prey, three polypeptides derived from the third cytoplasmic domain of the α subunit of Na$^+/K^+$-ATPase (shown in [Fig. II.1B]) were used (Na$_x$/α1–α3). As a negative control, only the GAL4-activating domain was expressed (Na$_x$/C).
Fig. II.8. *In situ* hybridization with probes for Na$_x$ channel, and α1, α2 and α3 subunits of Na$^+$/K$^+$-ATPase on coronal tissue sections of the mouse SFO.

The SFO is attached to the ventral hippocampal commissure (VHC) and faces the dorsal third ventricle (3V). Positive signals were observed in ependymal cells facing the 3V (arrowheads) and cells inside the SFO with the Na$_x$, α1, and α2 probes, but not with the α3 probe. Scale bar: 50 μm.
Chapter III

Functional coupling between $\text{Na}_x$ channels and $\text{Na}^+/\text{K}^+$-ATPase, and $\text{Na}^+$ influx through $\text{Na}_x$ on the bases of Na-dependent activities of glucose uptake in glial cells
III.1 Introduction

In Chapter II, I demonstrated that Na\textsubscript{x} channels directly interact with \(\alpha\) subunits of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase. Na\textsubscript{x} is a sodium channel, which opens in response to the elevation of extracellular Na\textsuperscript{+} concentration and raises the intracellular Na\textsuperscript{+} level. On the other hand, the activity of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase can be regulated by Na\textsuperscript{+} or K\textsuperscript{+} balance between both sides of the plasma membrane (Kaplan, 2002). Thus it is probable that Na\textsubscript{x} functionally regulates Na\textsuperscript{+}/K\textsuperscript{+}-ATPase by increasing Na\textsuperscript{+} level in the cytoplasm. Furthermore, the close interaction of Na\textsubscript{x} channels with the \(\alpha\) subunits of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase raised the notion that Nax channels exert a direct influence on molecular properties of the Na\textsuperscript{+}/K\textsuperscript{+}-ATPase. If it was the case, cellular energy metabolism should be affected, because cells in the CNS use \(\sim 50\%\) of their energy resources to drive the Na\textsuperscript{+}/K\textsuperscript{+}-ATPase activity (Rosenthal and Sick, 1992). In order to explore this possibility, I measured glucose uptake activity of the C6M16 cells by using a fluorescent glucose derivative, 2-NBDG (Yoshioka et al., 1996; Yamada et al., 2000): Rb\textsuperscript{+}, which is often used for measuring activities of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase directly (Serpersu and Tsong, 1984), was not suitable in this case, because Rb\textsuperscript{+} affects Na\textsubscript{x} function (unpublished data). In this chapter, I first examined this idea using cell lines in vitro. However, attempts to establish stable cell lines expressing functional Na\textsubscript{x} channels have been long unsuccessful. Therefore, I turned my attention to developing cell lines in which the expression of Na\textsubscript{x} channel is inducible under the control of the tetracycline-responsive element (TRE). In this system, Na\textsubscript{x} expression is induced by a transactivator, Tet-Off, which is secondly transfected and expressed with an adenoviral vector: It is possible to suppress the expression again in the presence of a tetracycline-analog, doxycycline (Dox), in this system established cell lines, in which Na\textsubscript{x} expression is induced.
III.2 Materials and Methods

Establishment of Na\(_x\)-expressing C6 cells

The pTRE plasmid (Clontech) carries the Tetracycline-responsive element (TRE), which is under the control of the minimal immediate early promoter of cytomegalovirus, a multiple cloning site, and a SV40 polyA attachment sequence. A 6.1-kb mNa,2.3 cDNA fragment including 0.3 kb of the 5' noncoding, 5.0 kb of the coding, and 0.8 kb of the 3' noncoding regions (GenBank accession number, L36179) was inserted into the multiple cloning site (pTRE-mNa\(_x\)). Plasmids pTRE-mNa\(_x\) and pKJ2 carrying the neomycin-resistance gene (Boer et al., 1990) were cotransfected into C6 rat glioma cells by lipofection (Lipofectamine, Invitrogen) according to the manufacturer’s directions. The transfected C6 cells were selected in the presence of the neomycin-analog G418 (1.2 mg/ml, Invitrogen), and resistant cells were cloned by limiting dilution. For the selection of the positive clones, Na\(_x\) expression was induced as follows. C6 transformants were individually plated on culture dishes and incubated in DMEM containing 10% FCS under 5% CO\(_2\) for 6 hr at 37°C. The medium was then changed to serum-free DMEM containing 1 mM N\(^{6},2'-\)O-dibutyryl cyclic AMP (dbcAMP, Sigma), and the cells were further cultured for 36 hr at 37°C. For the induction of Na\(_x\) expression, the Tet-Off adenoviral vector (2.0 × 10\(^5\) pfu, Clontech) was added to the medium. Expression of Na\(_x\) channels was checked by immunocytochemistry with anti-Na\(_x\) antibody as described previously (Hiyama et al., 2002). The expression of Na\(_x\) channels was detected by Western blotting as reported previously (Watanabe et al., 2000) to select four clones with high expression. One of the four clones was named C6M16 and mainly used for the present study. However, all the results obtained with C6M16 were reproduced using the other cell clones. The stable transformants were passaged in Dulbecco’s Modified Eagle Medium (DMEM, Nissui Pharmaceutical, Tokyo, Japan) containing 10% fetal calf serum (FCS, Invitrogen).

Immunostaining of C6M16 cells

C6M16 cells cultured on collagen-coated glass coverslips were washed twice with PBS
and fixed in ice-cold methanol for 1 hr. Fixed cells were permeabilized with 0.04 % NP-40 in PBS for 20 min, and then blocked with 4% skim milk in PBS (blocking buffer). The cells were incubated overnight at 4°C with a mixture of primary antibodies in the blocking buffer and washed four times with PBS. To detect the binding of specific antibodies, cells were incubated for 1 hr with fluorescent dye-conjugated antibodies, and washed four times with PBS. Cells were mounted with Permafluor (Beckman Coulter Co., Marseille, France) and observed using a Zeiss LSM510 confocal microscope (Carl Zeiss, Jena, German). To quantify the colocalization of fluorescent signals, I calculated Pearson’s correlation coefficient (r) by using the "colocalization finder" plug-in of ImageJ free software (National Institutes of Health, Bethesda; http://rsb.info.nih.gov/ij/).

**Coexpression of the C-terminal region of Na₅ or the Na₅-interacting region of the α subunits of Na⁺/K⁺-ATPase**

The cDNA fragment of the Na₅-binding region of mouse Na⁺/K⁺-ATPase α1, α2, or α3 was inserted into the multiple cloning site of the pcDNA3.1 expression vector (Invitrogen). The C-terminal region of mouse Na₅ (nucleotides 4,716–5,327) was inserted into the multiple cloning site of the pcDNA3.1/myc vector to express it with a myc-tag at the N-terminus. Plasmids were introduced into rat glioma C6M16 cells by electroporation with nucleofector II (Amaxa, Gaithersburg, MD) according to the manufacturer’s directions. Six hours after the transfection, the expression of Na₅ was induced as described above. In experiments shown in Fig. III.7, Na₅ expression was not induced.

**Na-ion imaging**

C6M16 cells (1.0 × 10⁴) were plated on polyethyleneimine (Sigma) -coated glass-bottom dish (Matsunami Glass) and incubated in DMEM containing 10% FCS for 6 hr at 37°C. The medium was then changed to serum-free DMEM containing 1 mM dbcAMP. The expression of Na₅ was induced as described above. Na-ion imaging was performed as described previously (Hiyama et al., 2002; Watanabe et al., 2006): Briefly, cells were loaded in advance with 4 μM Sodium-binding benzo-fluran isopthalate acetoxymethyl
ester (SBFI/AM, Molecular Probes) plus 0.02% Pluronic F127 (Sigma) for 15 min at 37°C. During the recording, cells were continuously perfused at 1 ml/min with an isotonic solution containing (in mM): 135 NaCl, 5 KCl, 2.5 CaCl2, 1 MgCl2, 20 HEPES, and 10 NaOH, titrated to pH 7.3 with HCl (145 mM Na solution). Ten minutes after the start of the recording, the extracellular Na concentration was increased to 170 mM by replacing the perfusion solution with additional NaCl (170 mM Na solution). In some experiments, the Na ionophore monensin at a concentration of 0.5, 1, 2 or 5 μM was added to the 170 mM solution. The fluorescent ratio was monitored at excitation wavelengths of 340 and 380 nm using a microscope equipped with a cooled charge coupled device (CCD) camera (HiSCA, Hamamatsu Photonics, Hamamatsu, Japan). Data were collected every 30 s and analyzed using an image-analysis software (AQUACOSMOS version 2.5, Hamamatsu Photonics). After the recording, cells were fixed with a 10% formalin solution for 60 min at room temperature and subjected to immunostaining with anti-Nax antibody.

Glucose imaging of C6 cells

For glucose imaging of C6 cells, the cells (1.0 × 10^4) were put onto polyethylenimine-coated glass-bottom dish and incubated in DMEM containing 10% FCS for 6 hr at 37°C. The medium was then changed to serum-free DMEM containing 1 mM dbcAMP. The expression of Na_x was induced as described above.

Glucose imaging was performed as described (Yoshioka et al., 1996). Briefly, cells were incubated containing 500 μM 2-(N-(7-nitrobenz-2-oxa-1,3-diazol-4-yl)amino)-2-deoxyglucose (2-NBDG, Molecular Probes) for 10 min or 20 min at 37°C. After the application of 2-NBDG in the 170 mM Na solution at 37°C, the fluorescence intensity of the cell was gradually increased in proportion to the time at least until 30 min. In some experiments, the Na ionophore monensin (Sigma) at a concentration of 0.5, 1, 2 or 5 μM, or else 1 mM ouabain (Sigma) was added to the solutions. The cells were then washed five times with the 145 mM solution. Fluorescence of the cells and background was collected by a fluorescence microscope (IX71, Olympus) with barrier (wavelength 536 ± 40 nm, GFP-3035B,
Semrock, Rochester, NY) and excitation (wavelength 488 ± 10 nm, C7773, Hamamatsu Photonics) filters. Mean fluorescent intensities of cells were analyzed using the image-analysis software, and the average and standard error (SE) were calculated.
III.3 Results

Functional expression of Na$_{\alpha}$ in C6 cells

C6 is a rat glioma cell line devoid of endogenous Na$_{\alpha}$ expression (Gautron et al., 1992). I established four such inducible cell lines from C6 cells by transfection of an expression vector for Na$_{\alpha}$. Fig. III.1A–III.1C show characteristic features of one of the four cell lines, C6M16. The expression of Na$_{\alpha}$ proteins began to be detected 24 hr after the viral transfection of the Tet-Off activator (Fig. III.1A, lane 2). The expression was completely inhibited with Dox at a concentration of 10 ng/ml or more (Fig. III.1A, lane 4). Immunocytochemistry with anti-Na$_{\alpha}$ channel antibodies confirmed these results (Fig. III.1B): Intensive immuno-positive signals were observed in the plasma membrane of the cells only when the expression of Na$_{\alpha}$ was induced (Fig. III.1Bb). Colocalization of the $\alpha$1 subunit of Na$^+/K^+$-ATPase and Na$_{\alpha}$ channels at the subcellular level was observed in C6M16 cells by double-fluorescent immunocytochemistry (Fig. III.2, 145 mM).

By using an intracellular Na ion-imaging technique, our laboratory recently demonstrated that Na$_{\alpha}$-positive cells dissociated from the SFO specifically show Na$^+$ influx in response to an increase of the extracellular Na level above the physiological level (Hiyama et al., 2002; Noda and Hiyama, 2005; Watanabe et al., 2006). In the present study, I examined whether the Na$_{\alpha}$-expressing C6M16 cells acquired such Na-sensitivity using the same method. As shown in Fig. III.1C, C6M16 cells showed significant Na$^+$ influx in response to an increase in the extracellular Na level within the physiological range (from 145 mM to 170 mM) specifically under the conditions where Na$_{\alpha}$ channels are expressed. The results clearly indicated that functional Na$_{\alpha}$ channels were expressed in C6M16 cells through induction by Tet-Off. Similar results were obtained with the other three C6 lines (data not shown).

Colocalization of Na$_{\alpha}$ and the $\alpha$1 subunit of Na$^+/K^+$-ATPase was confirmed by double-fluorescent immunostaining in C6M16 cells (Fig. III.2). The confocal microscopic analyses showed that both Na$_{\alpha}$ and $\alpha$1 subunit were colocalized in the plasma membrane. The subcellular distribution and colocalization of the $\alpha$1 subunit
and Na\textsubscript{x} was not changed within 30 min when the extracellular Na concentration was increased from 145 mM to 170 mM at the level of light-microscopic resolution: The mean of Pearsons’s $r$ (± SE) = 0.65 ± 0.074 at 145 mM (n = 3); 0.65 ± 0.086 at 170 mM (n = 3).

**Coupling between Na\textsubscript{x} channels and Na\textsuperscript{+}/K\textsuperscript{+}-ATPase is the basis of the Na-dependent metabolic enhancement of the cells**

C6M16 cells 36 hr after the viral transfection with or without the Tet-Off transactivator were used for the analysis (Fig. III.3A). The C6M16 cells did not show significant uptake of 2-NBDG in the 145 mM solution when the expression of Na\textsubscript{x} was not induced (Con). In contrast, upon the expression of Na\textsubscript{x} (Na\textsubscript{x}), the cells showed substantial increase in 2-NBDG uptake in the 145 mM solution (Fig. III.3B, Na\textsubscript{x} in 145 mM of C6M16). However, the enhancement was ouabain insensitive, indicating that it is independent of the Na\textsuperscript{+}/K\textsuperscript{+}-ATPase activity (compare Na\textsubscript{x} with and without Ouabain in 145 mM of C6M16 cells). Here, it should be noted that this substantial 2-NBDG uptake in C6M16 cells in the 145 mM Na solution is not observed in the native cells (see below and Fig. IV.2).

I then compared the cellular activities of 2-NBDG uptake in isotonic (145 mM) and hypertonic (170 mM) Na solutions. The C6M16 cells with Na\textsubscript{x} expression (Na\textsubscript{x}) showed approximately 1.6-fold greater activity for 2-NBDG uptake in the 170 mM Na solution as compared with in the 145 mM solution (p < 0.05), while the uptake by the C6M16 cells without Na\textsubscript{x} expression (Con) was not increased in the 170 mM Na solution (Fig. III.3, Con in 170 mM in C6M16). The increase in the uptake of 2-NBDG in Na\textsubscript{x}-expressing cells in the 170 mM Na solution was completely inhibited by 1 mM ouabain (Fig. III.3B), indicating that the activity of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase plays an essential role in the glucose demand induced by the elevation of the extracellular Na level.

Next, I tested the effect of overexpression of the Na\textsubscript{x}-binding fragments (Fig. II.1B) of \(\alpha1\) and \(\alpha2\) subunits of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase in C6M16 cells, because these fragments are expected to work as a competitor of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase for binding to Na\textsubscript{x} channels. As was expected, the transfection of an expression vector carrying the fragments of the
α1 and α2 subunits significantly suppressed the metabolic response in the C6M16 cells with Na₅ expression in the 170 mM Na solution (Fig. III.4; p < 0.05). In contrast, overexpression of the fragment of the α3 subunit, which was negative for interaction with Na₅ channel (see Fig. II.7), did not suppress the metabolic activation (Fig. III.4).

The C-terminal fragment of Na₅ was also expected to work as a competitor for the binding of Na₅ channels to Na⁺/K⁺-ATPase. Unexpectedly but intriguingly, overexpression of the C-terminal fragment of Na₅ further enhanced the 2-NBDG uptake, when it was coexpressed in Na₅-positive cells (Fig. III.5, Na₅; p < 0.05). This suggests that the C-terminal region of Na₅ is also able to support Na⁺/K⁺-ATPase, as well as the native Na₅. However, the expression of the C-terminal fragment of Na₅ by itself (without concomitant expression of the native Na₅) exerted no effect on the 2-NBDG uptake (Fig. III.5, Con). This strongly suggests that a function of the native Na₅ channel (presumably Na⁺-influx activity) is also essential for the upregulation of the metabolic state, in addition to the function which is substitutable with the C-terminal region of Na₅.

**Na⁺ influx is necessary but not sufficient for the metabolic activation**

To estimate the contribution of Na⁺ influx itself to the metabolic activation, I tested the effect of the influx generated by a Na-specific ionophore, monensin (Harootunian et al., 1989), on the uptake of glucose. Na-imaging experiments with C6M16 cells clearly showed that monensin induced Na⁺ influx in a dose-dependent manner (Fig. III.6A): here, background fluorescence values in the cells without monensin were subtracted from respective values.

At a concentration of 0.5 μM, monensin triggered a small Na⁺-influx into cells (Fig. III.6Ab) comparable to that of the C6M16 cells expressing Na₅ when stimulated in the 170 mM solution (Fig. III.1C). However, the application of 0.5 μM monensin to C6M16 cells without Na₅-channel expression did not enhance the 2-NBDG uptake (compare Fig. III.6Ba and III.6Bb), and higher concentrations (2 and 5 μM) of monensin were not effective either (Fig. III.6Bc, 6Bd, and open bars in Fig. III.6C). In contrast, when Na₅-expressing cells were treated with 0.5, 2, and 5 μM monensin, the 2-NBDG
uptake was markedly enhanced dose-dependently (compare Fig. III.6Be and 6Bf, and filled bars in Fig. III.6C). This increase was not observed in the presence of ouabain (data not shown). These results clearly indicate that the increase of the Na-ion concentration in the cell is not enough by itself to trigger the uptake of glucose (metabolic stimulation), and that the presence of Na₉ channel protein is required for the stimulation of glucose uptake by the cells.

Surprisingly and importantly, the C-terminal fragment of Na₉ showed markedly enhanced 2-NBDG uptake under the condition without Na₉-channel expression with 0.5 μM monensin (Fig. III.7, Mon). The increase was cancelled out by the ouabain treatment (Fig. III.7, Mon + Oua). This indicates that the full-length Na₉ channel can be replaced by the C-terminal fragment under the condition where Na⁺ influx was secured by monensin. Taken together, it is probable that both pre-stimulation of Na⁺/K⁺-ATPase (by interaction with Na₉ channels through the C-terminal region of Na₉) and Na⁺ influx (through Na₉ channels or monensin) are essential for the activation of the Na⁺/K⁺-ATPase and the cellular metabolic stimulation.
III.4 Discussion

In this chapter, I revealed functional coupling between Na\textsubscript{x} and Na\textsuperscript{+}/K\textsuperscript{+}-ATPase, using newly established stable cell line that inducibly express Na\textsubscript{x}. To estimate the activation level of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase, I measured glucose-uptake activity using fluorescent glucose analogue. In my experiment, Na-dependent upregulation of glucose uptake was almost completely inhibited by a Na\textsuperscript{+}/K\textsuperscript{+}-ATPase inhibitor, ouabain (Fig. III.3B). So, my glucose imaging definitely reflect the hydrolysis activities of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase as far as Na-dependent upregulation, though the mechanism of Na-independent enhancement (observed in Na\textsubscript{x} comparing to Con in 145 mM of C6M16) still remains to be elucidated for future studies.

In the previous chapter, I revealed the isoform specificity of α subunits of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase in the interaction to Na\textsubscript{x}. In Fig. III.4, the specificity was functionally verified by coexpression experiments using the Na\textsubscript{x}-interacting region of α subunits of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase: the fragment of the α1 and α2 isoforms showed dominant negative activity on the glucose-uptake activity, but not that of α3. The specific interaction between Na\textsubscript{x} and Na\textsuperscript{+}/K\textsuperscript{+}-ATPase thus appears to be indispensable for the upregulation of glucose uptake.

On the other hand, when the C-terminal fragment of Na\textsubscript{x} was overexpressed in the Na\textsubscript{x}-positive C6M16 cells, the Na-dependent glucose-uptake were further enhanced (Fig. III.5). This indicates that some of the Na\textsuperscript{+}/K\textsuperscript{+}-ATPase was free of interaction with Na\textsubscript{x} in the cell because of a shortage of Na\textsubscript{x}, and overexpression of the C-terminal region stimulated this population of the enzyme. For the glucose-uptake stimulation of the cell by the C-terminal region, either coexpression of the native Na\textsubscript{x} (Fig. III.5) or the application of monensin is requisite (Fig. III.7). This indicates that Na\textsuperscript{+} influx is a requirement to set Na\textsuperscript{+}/K\textsuperscript{+}-ATPase in motion, inducing demand for glucose to supply ATP to Na\textsuperscript{+}/K\textsuperscript{+}-ATPase.

It has been believed that Na\textsuperscript{+} influx is sufficient for the activation of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase by itself (Pellerin et al., 1998). However, monensin treatments alone, which induces extensive Na\textsuperscript{+} influx (Fig. III.6A), had little effect on the Na\textsuperscript{+}/K\textsuperscript{+}-ATPase-dependent glucose-uptake in Na\textsubscript{x}-negative cells (Con in Fig. III.6C and III.7). Only when the C-terminal fragment of Na\textsubscript{x} (Fig. III.7, Na\textsubscript{x}-C-term) or the...
full-length Na, (Fig. III.6C, Na,) was coexpressed with Na+/K+-ATPase, did monensin induce substantial glucose uptake. Taken all together, it is probable that pre-activation (sensitization) of Na+/K+-ATPase occurs by the binding of Na, and that this is essential for the Na dependent activation and drive of Na+/K+-ATPase. The direct binding between Na, and Na+/K+-ATPase implies a favorable situation that Na ions flowed into the cell through Na, are directly supplied to Na+/K+-ATPase.

Recently, several molecules, including nicotinic ACh receptor, FXYD1, FXYD 2, Src tyrosine kinases, and cofilin, were found to interact with Na+/K+-ATPase (Krivoi, et al., 2006; Feschenko et al., 2003; Zouzoulas and Blostein et al., 2006; Wang and Yu et al., 2005; Jung J, et al., 2002): Some reportedly activate or modify the properties of Na+/K+-ATPase through interaction. Here, cofilin is intriguing because it enhances Na+/K+-ATPase activity and binds triose-phosphate isomerase (TPI), a member of glycolytic pathway, suggesting of a direct coupling between the Na+/K+-ATPase and glycolytic activity (Jung J, et al., 2002). Of note is that clones encoding TPI were included in the positive clones in my yeast two-hybrid screening using the C-terminal region of Na, as bait (unpublished observation).

In summary, in this chapter, I demonstrated that the glucose uptake of Na,-expressing cells was markedly enhanced in response to an increase of the extracellular sodium concentration. It is probable that both prestimulation of Na+/K+-ATPase (by interaction with Na, channels through the C-terminal region of Na,) and Na+ influx (through Na, channels or monensin) are essential for the activation of the Na+/K+-ATPase and the cellular metabolic stimulation.
Fig. III.1. Functional expression of Na$_x$ channels in rat C6 glioma cells.

(A) Western blotting with anti-Na$_x$ antibody to examine the expression of Na$_x$ channel protein in a cell line, C6M16, with (+) or without (−) the Tet-Off regulator. Na$_x$ protein was observed only in the induced condition. The presence of doxycycline effectively suppressed the expression of Na$_x$ channels.

(B) Immunostaining of Na$_x$ channels expressed in C6M16. The Tet-Off regulator induces the expression of Na$_x$ in the absence of doxycycline (Bb). Scale bar: 50 μm.

(C) Na imaging using SBFI in C6M16 cells in a high Na solution. The coordinate shows the fluorescent ratio ($\Delta F$, 340 / 380 nm) representing the intracellular Na concentration. The fluorescent ratio at 0 min was set as zero points on the coordinate. Here, the continuous background increase by the host cell [Tet-Off(−) Dox(−)] was subtracted from respective values. The extracellular perfusion solution was changed from the 145 mM Na solution to the 170 mM Na solution at 0 min. Data are the mean and SE (n = 40 for each).
Fig. III.2. Colocalization of Na\textsubscript{x} channels and α1 subunits of Na\textsuperscript{+}/K\textsuperscript{+}-ATPase in C6M16 cells.

Immunostaining of C6M16 cells expressing Na\textsubscript{x} channels. Cells were incubated in a 145 mM or 170 mM Na solution for 30 min. The cells were immediately fixed, and double-stained as above. The panels of E–L and Q–X are higher magnifications of the boxed areas of A–D and M–P, respectively. Scale bars: 20 μm
Fig. III.3. Interaction between Na₉ and Na⁺/K⁺-ATPase is the basis for Na⁺-dependent stimulation of the cellular glucose metabolism.

(A) Measurements of glucose-uptake activity of C6M16 cells. Only C6M16 cells expressing Na₉ (Na₉) showed uptake of a fluorescent glucose derivative, 2-NBDG. Scale bar: 50 μm.

(B) Glucose-uptake activity of C6 and C6M16 cells in various conditions. An open bar and its neighboring shaded bar on the left end are data from the native C6 glioma cells (C6) non-transfected (Con) and transfected with the Tet-Off vector (Tet-Off), respectively. The other open and closed bars are data from C6M16 cells (C6M16) non-transfected (Con) and transfected with the Tet-Off (Na₉), respectively. In some experiments, 1 mM ouabain, a specific blocker of Na⁺/K⁺-ATPase, was applied (Ouabain). Fluorescent intensity of Con in the 145 mM of C6M16 was set at 100%.

*p < 0.05, Bonferroni’s multiple comparison test (against Na₉ in 145 mM in C6M16); n.s., not significant; Data are the mean and SE (n = 40 for each).
Fig. III.4. Glucose-uptake activity of the cells with coexpression of the Na₅-interacting region of respective α subunits of Na⁺/K⁺-ATPase in 170 mM Na solution.

2-NBDG uptake was significantly inhibited in Na₅-positive C6M16 cells by coexpression with the interacting regions of α1 and α2 subunits, but not of the α3 subunit, of Na⁺/K⁺-ATPase, compared with that in the cells transfected with the control pcDNA3.1 vector (Mock). All cells were transfected with the Tet-Off vector to induce Na₅ expression, and subjected to 2-NBDG uptake assays in the 170 mM Na solution. Fluorescent intensity of the Mock condition was set at 100%. *p < 0.05, Bonferroni’s multiple comparison test (against Mock); data are the mean and SE (n = 40 for each).
Fig. III.5. Glucose-uptake activity of the cells with coexpression of the C-terminal region of Na\textsubscript{x} in 170 mM Na solution.

C6M16 cells were transfected with the expression vector for the C-terminal region of Na\textsubscript{x} or control pcDNA3.1 vectors (Mock). Next, Na\textsubscript{x} was not induced (Con, open bars) or induced (Na\textsubscript{x}, closed bars) by the Tet-Off vector transfection and then used for 2-NBDG uptake assays in the 170 mM solution. The cellular fluorescent intensity of 2-NBDG was significantly enhanced in Na\textsubscript{x}-positive C6M16 cells when transfected with the Na\textsubscript{x} C-terminal region, compared with the cells transfected with the control vector. In Na\textsubscript{x}-negative C6M16 cells, no such enhancement by the C-terminal of Na\textsubscript{x} was observed. Fluorescent intensity of Con of the Mock condition was set at 100%. *p < 0.05, two-tailed t test (against Na\textsubscript{x} of Mock); data are the mean and SE (n = 40 for each).
Fig. III.6. Activation of glucose uptake requires both Na\(^+\) influx and stimulation of Na\(^+\)/K\(^+\)-ATPase by Na\(_x\) channels through the C-terminal region.

(A) Na\(^+\) influx in C6M16 cells induced by monensin treatment. The coordinate gives the fluorescent ratio (ΔF, 340 / 380 nm) of SBFI, representing the intracellular Na concentration. The fluorescent ratio at 0 min was set as zero. The experimental conditions for (a–f) are common to (A–C): Na\(_x\)-noninduced cells (a–d), Na\(_x\)-induced cells (e and f). The 145 mM Na solution was changed to a monensin-containing 145 mM solution at 0 min; 0 μM (Ac), 0.5 μM (Ab and Af), 2 μM (Ac) or 5 μM (Ad). Background fluorescence values of Na\(_x\)-negative cells without monensin (see Ba) were subtracted from respective values. Data represent the mean and SE (n = 40 for each).

(B) Fluorescent images 10 min after 2-NBDG loading in 145 mM Na solutions containing monensin; 0 μM (Ba and Be), 0.5 μM (Bb and Bf), 2 μM (Bc) and 5 μM (Bd). Only Na\(_x\)-positive cells (Be and Bf) show significantly higher glucose uptake. Scale bar: 50 μm.
(C) Summary of the glucose imaging experiments. The Na ionophore monensin markedly enhanced the glucose uptake of Na<sub>x</sub>-expressing cells (Na<sub>x</sub>) but not Na<sub>x</sub>-negative cells (Con). The lower-case characters (a–f) in the bars represent respective experimental conditions common to those in B. *p < 0.05 and **p < 0.01, Bonferroni’s multiple comparison test (against 0 μM of Na<sub>x</sub>); data are the mean and SE.
Fig. III.7. The role of the C-terminal region of Na$_x$ in stimulating glucose metabolism.

The C-terminal region of Na$_x$ (Na$_x$-C-term) or the control pcDNA3.1 vector (Mock) was transfected to C6M16 cells, and the cells were subjected to a 2-NBDG assay with 0.5 μM monensin (Mon), or 0.5 μM monensin and 1 mM ouabain (Mon + Oua) in the 145 mM Na solution. The mean fluorescence intensity of Con (without Mon or Oua treatment) of Mock was set at 100%. Note that the expression of Na$_x$ channels was not induced in this experiment. *$p < 0.05$, Bonferroni’s multiple comparison test (against Mon of Mock); data are the mean and SE (n = 40 for each).
Chapter IV

An increase of the extracellular Na concentration sensed by $\text{Na}_x$ in glial cells is transmitted to neurons by lactate to activate neural activities of the SFO
IV.1 Introduction

In Chapter IV, I revealed that Na-level-dependent Na$^+$ influx through Na$_x$ and direct interaction between Na$_x$ and Na$^+$/K$^+$-ATPase leads to the activation of Na$^+$/K$^+$-ATPase in the C6 glioma cells. In this chapter, I examined whether the Na$_x$ channel is actually involved in the energy control system in the Na$_x$-positive glial cells in vivo. I performed glucose-imaging analysis in the SFO, where specific glial cells expressing Na$_x$ are located (Watanabe et al., 2006). I next examined the metabolic activity using another parameter. It is known that activation of anaerobic glycolysis leads to the production of lactate (Gladden, 2004). I measured the amounts of lactate and pyruvate released from the SFO to compare the results with those from imaging studies.

The conventional view that glucose oxidation fuels most activity-associated energy metabolism in neurons has recently been challenged by the astrocyte-neuron lactate shuttle hypothesis (Pellerin et al., 1998; Sibson et al., 1998; Magistretti, 2000), in which glial-produced lactate fuels neurons (Chih et al., 2001). Our laboratory has revealed that neurons in the SFO of Na$_x$-KO mice are hyperactivated under dehydrated conditions compared with wild-type mice (Watanabe et al., 2000) and that GABAergic neurons, which uses $\gamma$-aminobutyric acid (GABA) as a transmitter for the synaptic output, are one of the major neuronal types surrounded by Na$_x$-positive glial processes in the SFO (Watanabe et al., 2006). In this chapter, I then examined the neuronal activity of GABAergic neurons in the SFO under the high Na condition and the high lactate condition. I show that anaerobic glucose metabolism in the glial cells in the SFO is stimulated by Na-increase in the extracellular fluid. The resultant lactate released from the glial cells appeared to upregulate the firing activities of the GABAergic neurons in the SFO. Finally, I examined the mechanism of activation of neurons by lactate.
IV.2 Materials and Methods

Experimental animals

All the experiments with animals were carried out according to the guidelines of the National Institute for Basic Biology (Okazaki, Japan). Male wild-type (C57BL/6J, CLEA Japan, Tokyo, Japan), homozygous Na$_r$-gene knockout (Na$_r$-KO), heterozygous GAD67-GFP ($\Delta$neo) knock-in (GAD-GFP), or GAD-GFP on the Na$_r$-KO genetic background (GAD-GFP/Na$_r$-KO) mice (Watanabe et al., 2006) at 8–24 weeks of age were used for experiments. All mice were housed in plastic cages under a constant room temperature (23°C) with a 12 hr light/dark cycle (incandescent lights on at 7:00 A.M.). They were kept in this condition with ad libitum access to water and food (0.32% Na/Rodent Diet CE-2; CLEA Japan).

Pharmacological drugs

Among the drugs used in the experiments, DL-threo-$\beta$-Benzyloaspartic acid (TBOA), 1,2,5,6-Tetrahydro-1-[2-[[dyphenylmethylene]amino]oxy]ethyl]-3-pyridinecarboxylic acid hydrochloride (NNC711), $\beta$-alanine, 1-[2-[tris(4-methoxyphenyl)methoxy]ethyl]-($S$)-3-piperidinecarboxylic acid (SNAP5114), 2,3-Dioxo-6-nitro-1,2,3,4-tetrahydrobenzo[f]quinoxaline-7-sulfonamide (NBQX), D-(−)-2-amino-5-phosphonopentanoic acid (APV), and tetrodotoxin (TTX) were purchased from Tocris (Bristol, UK). Apyrase, suramin, and diazoxide were from Sigma (St. Louis, MO).

Glucose imaging of SFO cells

For glucose imaging of SFO cells, the cells obtained as above were used (See Chapter II Materials and Methods). Glucose imaging was performed as described (Yoshioka et al., 1996). Briefly, cells were incubated containing 500 μM 2-NBDG (Molecular Probes) for 10 min or 20 min at 37°C. After the application of 2-NBDG in the 170 mM Na solution at 37°C, the fluorescence intensity of the cell was gradually increased in
proportion to the time at least until 30 min. In some experiments, the Na ionophore monensin (Sigma) at a concentration of 0.5 μM, or else 1 mM ouabain (Sigma) was added to the solutions. The cells were then washed five times with the 145 mM solution. Fluorescence of the cells and background was collected by a fluorescence microscope (IX71, Olympus) with barrier (wavelength 536 ± 40 nm, GFP-3035B, Semrock, Rochester, NY) and excitation (wavelength 488 ± 10 nm, C7773, Hamamatsu Photonics) filters. Mean fluorescent intensities of cells were analyzed using the image-analysis software, and the average and standard error (SE) were calculated.

Glucose imaging of SFO slices
The brains were removed from wild-type (n = 5) and Na⁺-KO (n = 5) mice and put in an ice-cold cutting solution equilibrated with 95% O₂ and 5% CO₂. The composition of the cutting solution was as follows (in mM): 234 sucrose, 2.5 KCl, 0.5 CaCl₂, 10 MgSO₄, 26 NaHCO₃, 1.25 NaH₂PO₄, and 11 glucose, pH 7.3. The brains were cut into 250-μm coronal sections in the ice-cold cutting solution using a microslicer (Leica Microsystems). The slices were immediately placed in a solution equilibrated with 95% O₂ and 5% CO₂, and incubated for 10 to 30 min at 25°C. The composition of the solution was (in mM): 117.7 NaCl, 2.5 KCl, 2 CaCl₂, 1 MgCl₂, 26 NaHCO₃, 1.3 NaH₂PO₄, 14.6 mannitol, and 11 glucose, pH 7.3. The portion corresponding to the SFO and fornix was cut out from the slices by cutting at the corpus callosum. The samples were moved into the 145 or 170 mM Na solution containing 2-NBDG (200 μM), and incubated for 1 hr at 37°C. The samples were then fixed with a formalin solution and washed with PBS for 24 hr at room temperature. Fluorescent images were taken with a disc confocal unit (DSU system, Olympus) attached to an upright microscope.

Determination of lactate and pyruvate concentrations
SFOs dissected from wild-type (n = 8) and Na⁺-KO (n = 8) mice were divided into 3 parts and incubated in 0.5 ml of modified Ringer solution, containing 1 μM TTX, for 24 hr at 37°C. The solutions containing SFOs were centrifuged at 9,200 g for 5 min and the supernatants were used for measurements. Lactate and pyruvate concentrations of
the supernatants were measured by an enzyme assay using lactate or pyruvate oxidase, respectively (Asanuma et al., 1985).

**Electrophysiology**

The *GAD-GFP* or *GAD-GFP/Na*,-KO mice (Watanabe et al., 2006) were deeply anesthetized with diethyl ether and decapitated. The brains were quickly removed and submerged for 5–10 min in an ice-cold sucrose Ringer solution containing (in mM): 260 sucrose, 2.5 KCl, 10 MgSO₄, 0.5 CaCl₂, 5 HEPES, 10 glucose, and 5 NaOH, bubbled with 100% O₂ (pH 7.3 with HCl). Then, slices of 250 μm thick, cut at an angle of 45 degrees to the coronal plane with a microslicer (VT-1000, Leica Microsystems), were pre-incubated at room temperature for more than 1 hr before recordings. The recordings were made in a modified Ringer solution containing (in mM): 140 NaCl, 2.5 KCl, 2 CaCl₂, 1 MgCl₂, 10 HEPES, 10 glucose, and 5 NaOH, bubbled with 100% O₂ (pH 7.3 with HCl). For experiments in the 160 mM Na condition, 15 mM NaCl was added to the modified Ringer solution.

Slices were mounted in a recording chamber on an upright microscope (BX51WI, Olympus) and continuously perfused with the modified Ringer solution. GFP-positive and -negative neurons were selected using fluorescent optics, and then a cell-attached configuration was obtained using bright field optics. The firing rate of the GABAergic neurons was obtained from the data of 10 min (for Na), or 5 min (for lactate) after the solution was changed. Membrane potential was recorded under current-clamp configuration of patch-clamp technique in the modified Ringer solution containing 1 μM TTX. Patch pipettes were prepared from borosilicate glass capillaries and filled with the modified Ringer solution. The resistance of the electrodes was 3–7 MΩ in the Ringer solutions. All recordings were performed at 33–36°C. Data were acquired by using an axopatch 200B patch-clamp amplifier and the software pCLAMP 8 and analyzed with the software Clampfit (Axon Instruments, Foster City, CA).
IV.3 Results

Na$_x$ is involved in the Na-dependent enhancement of glucose uptake in the SFO

To examine whether the Na$_x$ channel is indeed involved in the energy control system in the Na$_x$-positive glial cells in vivo, I performed an imaging analysis of the uptake of glucose in the SFO using 2-NBDG, where specific glial cells expressing Na$_x$ are located (Watanabe et al., 2006). The SFO from wild-type and Na$_x$-KO mice was sectioned frontally at 250 μm, incubated with 2-NBDG (200 μM) in the 145 mM or 170 mM Na solution for 1 hr, and observed with a confocal fluorescence microscope. Na-sensitive 2-NBDG uptake was obviously detected selectively in the wild-type (Fig. IV.1Aa and 1Ab; Fig. IV.1B, p < 0.01) but not in Na$_x$-KO (Fig. IV.1Ac and 1Ad; Fig. IV.1B) tissues: in the wild-type SFO incubated with 2-NBDG in the 170 mM solution, an intensively labeled mesh-like structure became apparent (Fig. IV.1Ab), suggesting that fine glial processes in the SFO actively took up the fluorescent derivative of glucose. These results clearly indicate that the SFO tissue has activity to take up glucose in response to a Na-level increase, and the Na$_x$ channel is an essential component for this mechanism. The enhancement of 2-NBDG uptake in the wild-type SFO under the high Na condition was completely abolished by 1 mM ouabain (Fig. IV.1Ae and 1Af; Fig. IV.1B). These results indicate that the activity of Na$^+$/K$^+$-ATPase is the origin of the cellular energy demand at the tissue level in vivo.

Next, I examined the dissociated cells from the SFO to confirm that the cells showing the enhancement of 2-NBDG uptake express Na$_x$ channels. Cells isolated from the SFO were incubated with 2-NBDG in the 145 mM or 170 mM Na solution for 20 min to estimate the glucose-uptake activity in the cells. After that, cells were fixed and stained with anti-Na$_x$ antibody or anti-GFAP antibody. To verify that the cells that intensively took up glucose are glial cells, cells dissociated from the SFO of wild-type mice were stained with an antibody for glial fibrillary acidic protein (GFAP) following the glucose imaging study. The average fluorescence intensities of 2-NBDG in the 170 mM Na solution was ~4 fold higher than those in the 145 mM solution among GFAP-positive cells in the following staining (Fig. IV.2A and IV.2B for summary; p <
Among GFAP negative cells, the average fluorescence intensities did not show significant difference between the cells in 145 mM and those in 170 mM Na. Among the wild-type cells, cellular populations that intensively took up 2-NBDG in the 170 mM solution were present, and these cells were all positive for Na\textsubscript{x} (Fig. IV.3A and IV.3B) and GFAP (Fig. IV.2). These results clearly indicate that the Na\textsubscript{x} channel is an essential component for the upregulation of energy demand in the SFO under the high Na condition, as observed in the C6M16 cells.

The effect of monensin in the Na\textsubscript{x}-positive C6M16 cells was reproduced in the native cells (Fig. IV.4). Cells dissociated from the SFO of wild-type mice showed a markedly enhanced uptake of 2-NBDG in the presence of 0.5 \(\mu\)M monensin, while the same stimulation of the cells from Na\textsubscript{x}-KO mice induced little enhancement of the uptake.

**Na\textsubscript{x} channels enhance lactate release from the SFO Na-dependently**

Increased demand for glucose by cells means that cellular glycolysis is enhanced to yield lactate (or pyruvate). To confirm this view, I next measured the amounts of lactate and pyruvate released from the SFO as another parameter of the metabolic activity (Fig. IV.5). The SFO tissues removed from mice of both genotypes were incubated in a modified Ringer solution (containing 145 mM or 160 mM Na) at 37°C for 30 hr with tetrodotoxin (TTX) to reduce the influence of neuronal activities on the glial cells. The Ringer solutions contained 10 mM glucose and 0 mM lactate. After the incubation, lactate and pyruvate concentrations in the solutions were measured by enzyme assays using lactate oxidase and pyruvate oxidase, respectively. As was expected, the wild-type SFO showed an increase in lactate secretion by \(~60\%) compared with the Na\textsubscript{x}-KO SFO (Fig. IV.5A, \(p < 0.05\)), consistent with the increase of glucose uptake (Fig. IV.1.A and 1.B; WT). On the other hand, amounts of pyruvate released into the medium were 10-fold lower than those of lactate and did not differ under the two different conditions (Fig. IV.5B). This indicates that anaerobic glycolysis was stimulated in Na\textsubscript{x}-positive glial cells of the SFO under the high Na condition.
Na activates GABAergic neurons in the SFO by a Na$_a$-dependent mechanism

Neurons in the SFO of Na$_a$-KO mice are hyperactivated under dehydrated conditions compared with wild-type mice (Watanabe et al., 2000), and GABAergic neurons are one of the major neuronal types surrounded by Na$_a$-positive glial processes in the SFO (Watanabe et al., 2006). Then I examined the neuronal activity of GABAergic neurons in the SFO under the high Na condition. I prepared acute slices containing the SFO from GAD-GFP mice and GAD-GFP/Na$_a$-KO (see Watanabe et al., 2006), and recorded the firing activity of the GABAergic neurons bearing the fluorescence of GFP as marker by using patch-clamp techniques in the cell-attached mode under a fluorescence microscope. The GABAergic neurons in the SFO of both wild-type and Na$_a$-KO mice showed spontaneous firing at a similar frequency (Fig. IV.6: 4.25 ± 0.38 Hz for wild-type; 4.21 ± 0.35 Hz for Na$_a$-KO) under the 145 mM Na condition. After the extracellular Na-concentration was raised to 160 mM, the firing frequency of the GABAergic neurons in the SFO of wild-type mice gradually increased to 7.40 ± 1.21 Hz (Fig. IV.6, p < 0.05), but that of Na$_a$-KO mice did not show a significant change (4.35 ± 0.34 Hz). In these electrophysiological experiments using tissue slices, I used 160 mM of Na, instead of the 170 mM used for C6M16 and dissociated cells. This Na concentration corresponds to mild conditions in the physiological range of the increase, because the Na concentration in the plasma increases by 5–10% during dehydration (Wakerley et al., 1978; Nose et al., 1992).

Besides the Na$_a$ channel, Na-dependent transporters for neurotransmitters are also conceivably involved in the modulation of neuronal activities by glial cells (Masson et al., 1999). An increase in the extracellular Na level induces Na$^+$ influx via Na$_a$, and resultanty reduces the ionic gradients of Na across the plasma membrane of glial cells, because the intracellular Na level reaches to ~35 mM finally (Noda and Hiyama, 2005). This presumably stimulates or attenuates the activity of Na-dependent glutamate and GABA transporters in glial cells: Glial cells are known to express several Na-dependent transporters of neurotransmitters, such as Na-dependent glutamate transporters (EAAT1/GLAST and EAAT2/GLT-1) and GABA transporters (GAT1, 2, or 3) (Anderson and Swanson, 2000; Conti et al., 2004). I examined the contribution of these transporters to the Na-dependent regulation of neuronal activities of the
GABAergic neurons in the SFO. By making electrophysiological recordings, I tested the effect of 100 μM TBOA (an inhibitor for EAATs), 0.1 μM NNC711 (a specific inhibitor for GAT1), 100 μM β-alanine (a specific inhibitor for GAT1/2), and 25 μM SNAP5114 (a specific inhibitor for GAT2/3). None of the treatments have any significant effects on the Na-dependent increase in the firing rate of the GABAergic neurons in the SFO, suggesting that these transporters are not involved in the Na-dependent upregulation of the spontaneous firing (Fig. IV.7).

I next explored the possibility that the Na-induced upregulation of the firing rate of the GABAergic neurons is mediated by some glutamatergic neurons projecting onto the GABAergic neurons in the SFO. I examined the effects of antagonists of glutamate receptors including 25 μM NBQX (an antagonist for AMPA/Kainate receptors) or 50 μM APV (an antagonist for NMDA receptor) by the electrophysiological recordings. Neither NBQX nor APV affected the Na-dependent increase in the firing rate of the GABAergic neurons, suggesting that glutamatergic neurons are not involved in the stimulation of the GABAergic neurons in the SFO (Fig. IV.8).

Moreover, I also examined the contribution of purinergic signaling (Fields and Burnstock, 2006), which is reportedly used for glial-neuronal communication in several regions of the brain. Neither apyrase (an ATPase) nor suramin (an antagonist for P2 purinergic receptors) affected the Na-dependent enhancement of spontaneous firing, indicating that purinergic signaling is not involved either (Fig. IV.9).

The Na-dependent neural activation by glial cells is mediated by lactate through monocarboxylate transporters

Because metabolic activation leads to the release of lactate from Na<sub>x</sub>-positive glial cells, I next checked the possibility that lactate mediates the signal from the glial cells to GABAergic neurons to control the SFO activity. When lactate was added at 1 mM to the perfusate, the firing frequency of GABAergic neurons in the SFO of both wild-type and Na<sub>x</sub>-KO mice increased (8.23 ± 0.78 Hz for wild-type; 8.22 ± 0.85 Hz for Na<sub>x</sub>-KO; p < 0.05) (Fig. IV.10 and IV.11, Lactate). Furthermore, when 1 mM of lactate was added under the high Na condition, no additive effect on the neuronal activity was observed.
These results strongly indicate that lactate and Na share a common pathway in the stimulation of GABAergic neurons in the SFO. Lactate was most effective at ~1 mM in promoting the firing rate, and at higher concentrations, the firing was rather suppressed (Fig. IV.12).

Lactate is known to be transported to the cytoplasmic side by monocarboxylate transporters (MCTs) and fuels the oxidative metabolism in neurons (Gladden 2004). So, I examined the effects of α-Cyano-4-hydroxycinnamic acid (α-CHCA), an inhibitor of MCTs. The neural activation induced by the Na-level increase was inhibited by 5 mM α-CHCA (5.41 ± 0.92 Hz for wild-type; 5.30 ± 0.92 Hz for NaKO) (Fig. IV.11, Na + α-CHCA). These results clearly indicate that the Na-dependent stimulation of GABAergic neurons is largely mediated by MCTs.

I also examined the effect of the other metabolic monocarboxylates, pyruvate and acetate, both known to be transported by MCTs. When pyruvate was added at 1 mM to the perfusate, the firing frequency of GABAergic neurons in the SFO of both wild-type and NaKO mice similarly increased (8.80 ± 0.42 Hz for wild-type; 8.61 ± 0.35 Hz for NaKO; p < 0.05) (Fig. IV.11, Pyruvate). By contrast, when acetate was added at 1 mM to the perfusate, the firing frequency was not significantly changed in either genotype (4.45 ± 0.38 Hz for wild-type; 4.36 ± 0.35 Hz for NaKO) (Fig. IV.11, Acetate).

I further explored the activation mechanism underlying the increase in the firing rate of the GABAergic neurons. The finding that lactate and pyruvate are equally effective suggests that the GABAergic neurons are energetically stimulated. I found that Na-dependent potentiation of the firing activity of the GABAergic neurons were reduced by 0.3 mM diazoxide, an opener of the ATP-sensitive K channel (Kir6.2 / KATP channel) (Fig. IV.13A): The KATP channel closes in response to the increase of intracellular ATP level and depolarizes the cell. So, I examined the membrane potential of the GABAergic neurons during the application of lactate or high Na solution (Fig. IV.13B). The membrane potential was depolarized by both lactate and Na, and the depolarization effect was expectedly reduced by 0.3 mM diazoxide. These data thus support my view that lactate serves as an energy substrate to up-regulate the firing rate.
activity of the GABAergic neurons.
In this chapter, I tried to examine whether the results obtained in the C6 cells are reproduced and showed that enhancement of glucose-uptake under the high Na condition was reproducibly observed in the SFO (Fig. IV.1–4; WT, 170 mM). The metabolic enhancement was ouabain sensitive and dependent to Na$_x$ expression, suggesting that the Na-dependent activation observed in vitro and in vivo are mediated by the same mechanism. Furthermore, monensin treatments induced substantial glucose uptake in the SFO cells of WT mice (WT in Fig. IV.4), but not those of Na$_x$-KO mice (KO in Fig. IV.4), supporting the view from the data in vitro: pre-activation of Na$^+$/K$^+$-ATPase by the binding of Na$_x$ is essential for the Na dependent activation and drive of Na$^+$/K$^+$-ATPase.

It is known that activation of Na$^+$/K$^+$-ATPase leads to stimulation of anaerobic glycolysis which leads to the production of lactate (Gladden, 2004). When the Na concentration of the incubating solution was increased to 160 mM, the SFO tissues obtained from WT mice indeed exhibited an increase in the release of lactate by ~60%, but those from the Na$_x$-KO mice showed no increase (Fig. IV.5A). Taken together with glucose imaging data, these results support the view that Na$_x$ mediates the activation of Na$^+$/K$^+$-ATPase Na-dependently and stimulates anaerobic glycolysis to generate ATP to fuel it. Na$_x$-positive glial cells in the SFO of WT mice thus likely release lactate at higher level, in proportion to the Na concentration in body fluids elevated under dehydrated conditions.

The previous studies on Na$_x$-KO mice demonstrated that the Na$_x$ channel exerts inhibitory influences on neuronal activities in the SFO, as judged from Fos immunoreactivity during dehydration (Watanabe et al., 2000). Na$_x$ channels are expressed on perineuronal glial processes enveloping some neuronal types including GABAergic neurons in the CVOs (Watanabe et al., 2006). Thus the glial cells appear to regulate neural activities in the dehydrated animals to control the Na-intake behavior.

In this study, I found that there exist specific GABAergic neurons autonomously firing at ~4 Hz in the SFO: When the cholera toxin B subunit was injected into the
paraventricular nucleus for retrograde labeling, a major projection site from the SFO, the labeled neurons did not overlap with the GABAergic neurons (unpublished data), suggesting that most or all of the GABAergic neurons in the SFO are presumably not projection neurons but interneurons. The synaptic transmissions are supposedly not involved in the spontaneous firing, because antagonists of glutamate receptors exerted no significant effects on the firing (Fig. IV.8). Consistently, some population of the neurons in the SFO reportedly showed properties of spontaneous firing even when they were isolated (Washburn et al., 2000). The presence of spontaneously firing cells at ~2 Hz in slices has been reported also in other brain regions: e.g. GABAergic stellate cells in the cerebellum and cholinergic neurons in the striatum (Kondo and Marty, 1998; Goldberg and Wilson, 2005).

The electrophysiological data showed that the hypertonic Na solution enhanced the firing activity of the GABAergic neurons of WT but not $Na_x$-KO mice (Fig. IV.6; Na, Fig. IV.11). More importantly, lactate enhanced the activity of the GABAergic neurons of both genotypes (Fig. IV.10; Fig. IV.11, Lactate). Coapplication of Na and lactate did not have an additive effect on the neuronal activity (Fig. IV.11, Na + Lactate), indicating that the action of Na was mediated by $Na_x$, and that the actions of Na and lactate share a common pathway to enhance the firing activity of GABAergic neurons. Because the enhancement of glucose uptake by an increase in the extracellular Na level was inhibited by $\alpha$-CHCA, an inhibitor of MCTs (Fig. IV.11, Na + $\alpha$-CHCA), MCTs, which transport monocarbonates including lactate, pyruvate, and acetate, likely mediate the effect by Na.

Pyruvate is an aerobic fuel for the tricarboxylic acid cycle and supposedly produced from lactate by lactate dehydrogenase 1 in neurons (Gladden, 2004). Pyruvate also had a stimulating effect on the GABAergic neurons in vitro (Fig. IV.11, Pyruvate). However, there were no differences in the release of pyruvate between the SFO of WT and KO mice, along with no increase dependent on the Na level (Fig. IV.5B). In contrast, acetate did not have any stimulating effect on the GABAergic neurons (Fig. IV.11, Acetate). Based on these findings, I concluded that lactate is the substance signaling from glial cells to neurons to activate neural activity. Consistently, it is known that lactate is preferentially metabolized in neurons than astrocytes and acetate is specifically metabolized in astrocytes (Waniewski and Martin, 2004).
Lactate at 1–2 mM was most effective for the activation of GABAergic neurons, and higher concentrations of lactate actually suppressed the firing activities (Fig. IV.12). Because neurons have MCT2 with higher affinity (Km for lactate is ~0.7 mM), the rate of lactate-uptake was readily saturated at a few mM (Hertz and Dienel, 2004). On the other hand, astrocytes have low affinity transporters, MCT1 (Km for lactate is 3–5 mM) and MCT4 (Km is 15–30 mM), therefore, the rate of lactate-uptake rises with the lactate concentration (Hertz and Dienel, 2004). The mechanism of the repression in the GABAergic neurons with the higher concentration of lactate is left for future investigation.

According to the astrocyte-neuron lactate shuttle hypothesis (Pellerin et al., 1998; Sibson et al., 1998; Magistretti, 2000), in which glial-produced lactate fuels neurons (Chih et al., 2001), neural activity increases the extracellular concentration of glutamate or GABA, whose uptake by glia stimulates Na⁺/K⁺-ATPase and glutamine synthetase activity. This stimulates glial anaerobic glycolysis, the conversion of glucose to lactate. Glial cells release lactate, and neurons use it to fuel their activity. According to a model, ~70% of the total pyruvate/lactate that is oxidized in neurons is supplied from glial cells (Hyder et al., 2006). Moreover, it has been suggested that lactate becomes a major substrate for neurons during prolonged stimulation, because lactate increases above the base level (Hu et al., 1997). In the present study, I revealed that lactate is the major fuel in the GABAergic neurons in the SFO (Fig. IV.5A): The release of pyruvate was small and not regulated by the Na level (Fig. IV.5B). For extensive firing of neurons, the activity of the neuronal Na⁺/K⁺-ATPase must be kept at a high level to keep the ionic gradient across the neuronal membrane. There is the possibility that continuously-firing neurons like the GABAergic neurons in the SFO are more or less in an energy-deficient condition in a steady state. The lactate released from the Na⁺-positive glial cells under dehydrated conditions must be specifically used as an energy source to replenish the GABAergic neurons to keep the Na⁺/K⁺-ATPase activity at a high level.

Here, it is possible that the effect of lactate is mediated by the K_{ATP} channel: Lactate stimulates the generation of ATP through aerobic metabolism in neurons, which is responsible for closing the channel and depolarization of the neurons (Song and Routh,
The experimental data using diazoxide, an opener of the $K_{ATP}$ channel, support the possibility that the $K_{ATP}$ channel mediates the promotion of firing rate of the GABAergic neurons in the SFO (Fig. IV.13A). Consistently, the depolarization effect of lactate and Na in the GABAergic neuron was reduced by diazoxide (Fig. IV.13B). However, I cannot conclude at present that this is the sole mechanism for the stimulation of the GABAergic neurons in the SFO, because specific antagonists for $K_{ATP}$ channel are not available. This is analogous to a recent finding that lactate is an alternate energy substrate to regulate neuronal activities of glucose-sensing neurons in the ventromedial hypothalamic nucleus (Song and Routh, 2005). However, it should be noted that lactate stimulated the GABAergic neurons in the presence of 10 mM glucose in my slice system.

Taken together the results in this chapter, I found that lactate is used for the signaling substance from $Na_x$-positive glial cells to neurons in Na-level sensing. I found Na-dependent increase of anaerobic metabolism of glucose by the glial cells in the SFO, which produces lactate as the end product. Electrophysiological data indicates that lactate released from $Na_x$-positive glial cells upregulate the firing rate of GABAergic neurons in the SFO. My data further suggest that depolarization mediated by $K_{ATP}$ channels underlies the upregulation of the GABAergic neurons.
**Fig. IV.1. Na\textsubscript{x} channel is involved in Na-sensitive uptake of glucose in the SFO.**

(A) Imaging analysis of the uptake of glucose in the SFO using a fluorescent glucose derivative. The SFO was isolated from wild-type (WT; Aa, Ab, Ae, and Af) and $Na\textsubscript{x}$-KO (KO; Ac and Ad) mice, and incubated with 2-NBDG in the 145 mM (Aa, Ac, and Ae) or 170 mM (Ab, Ad, and Af) Na solution. In some experiments, the extracellular solutions contained 1 mM ouabain (Ae and Af). The tissues did not show any significant autofluorescence before incubation with 2-NBDG (not shown). Scale bar: 50 $\mu$m.

(B) Summary of glucose uptake activity of the SFO. Fluorescence intensities of the tissues were quantified by imaging software and the mean and SE was obtained. The mean fluorescence intensity of the wild-type in the 145 mM Na solution was set at 100%. **p < 0.01, two-tailed t test (against 145 mM of WT); data are the mean and SE (n = 5 for each).
Fig. IV.2. Cells that intensively took up 2-NBDG are glial cells in SFO.

(A) Measurement of glucose-uptake activity of the cells dissociated from the SFO of wild-type mice. After the imaging analysis of glucose uptake using 2-NBDG in the 145 mM or 170 mM Na solution, cells were stained with the antibody for anti-glial fibrillary acidic protein (GFAP) antibody. DIC, differential interference contrast image. Scale bar: 50 μm.

(B) The summary of glucose-imaging studies in (A). GFAP (+), GFAP-immunopositive cells; GFAP (−), GFAP-immunonegative cells. *p < 0.05, Bonferroni’s multiple comparison test (against GFAP (+) of 145 mM); data are the mean and SE (n = 15, each).
Fig. IV.3. Imaging analysis of glucose uptake in dissociated SFO cells.

(A) Cells dissociated from the SFO isolated from wild-type (WT) and $Na_x$-KO (KO) mice were subjected to imaging analysis of glucose uptake using 2-NBDG in the 145 mM or 170 mM Na solution. After the imaging, cells were stained with anti-$Na_x$ channel antibody ($Na_x$). DIC, differential interference contrast image. Scale bar: 50 μm.

(B) Summary of glucose uptake activity of the SFO. The mean fluorescence intensity of $Na_x$-KO in the 145 mM solution was set at 100%. **p < 0.01, two-tailed t test (against 170 mM of KO); data are the mean and SE (n = 20 for each).
Fig. IV.4.  Effect of monensin on glucose uptake in dissociated SFO cells.
Cells were dissociated from the SFO of wild-type (WT) and Nax-KO (KO) mice. Cells were treated with 0.5 μM monensin (Mon) in the 145 mM Na solution. The mean fluorescence intensity of Con (without Mon treatment) of WT was set at 100%. **p < 0.01, two-tailed t test (against Con of WT); data are the mean and SE (n = 20 for each).
Fig. IV.5. Release of lactate and pyruvate from the SFO tissue into the incubation medium.

(A and B) Release of lactate (A) and pyruvate (B) from the SFO tissue into the incubation medium. Modified Ringer solutions, in which the SFO tissues from wild-type (WT) or Na$_{a}$-KO (KO) mice were incubated for 24 hr at 37°C, were subjected to measurements by the enzyme assay. The normal modified Ringer solution and high Na modified Ringer solution contained 145 mM and 160 mM Na, respectively. *p < 0.05, two-tailed t test (against WT of 145 mM). Data are the mean and SE (n = 10 for each).
Fig. IV.6. Control of spike frequency of GABAergic neurons in the SFO by Na.
The SFO tissues from wild-type (WT) and Na<sub>x</sub>-KO (KO) mice were treated with the high-Na modified Ringer solution. Na<sub>x</sub> is indispensable for Na-dependent activation of the GABAergic neurons in the SFO.
**Fig. IV.7.** Transporters for neurotransmitters are not involved in the Na-dependent enhancement of neuronal activities.

Electrophysiological experiments were performed with SFO slices of wild-type (WT) and $Na_t$-KO (KO) mice. Means of the spike frequency of GABAergic neurons during the perfusion of various kinds of solutions are shown. TBOA, 100 μM TBOA (an inhibitor for EAAT3); NNC711, 0.1 μM NNC711, (a specific inhibitor for GAT1); β-alanine, 100 μM β-alanine (a specific inhibitor for GAT1/2); SNAP, 25 μM SNAP-5114 (a specific inhibitor for GAT2/3). *p < 0.05, Bonferroni’s multiple comparison test (against WT of Control in 145 mM); data are the mean and SE (n = 4, each).
Fig. IV.8. Glutamatergic transmission is not involved in the Na-dependent enhancement of neuronal activities.

Electrophysiological experiments were performed with SFO slices of wild-type mice. Means of the spike frequency of GABAergic neurons during the perfusion with various solutions are shown. NBQX, 25 μM NBQX (an antagonist for AMPA/Kainate receptors); APV, 50 μM D-APV (an antagonist for NMDA receptor). *p < 0.05, Bonferroni’s multiple comparison test (against WT of Control in 145 mM); data are the mean and SE (n = 4, each).
Fig. IV.9. Purinergic signaling is not involved in the Na-dependent enhancement of neuronal activities.

Electrophysiological experiments with SFO slices of wild-type (WT) and Na$_x$-KO (KO) mice. Means of the spike frequency of GABAergic neurons during the perfusion of various kinds of solutions are shown. Apyrase, 1 unit/ml apyrase (an ATPase); Suramin, 30 μM suramin (an antagonist for P2 purinergic receptors). *p < 0.05, Bonferroni’s multiple comparison test (against WT of Control in 145 mM); data are the mean and SE (n = 4, each).
Fig. IV.10. Control of spike frequency of GABAergic neurons in the SFO by lactate.

The SFO tissues from wild-type (WT) and Na_x-KO (KO) mice were treated with 1 mM lactate in the normal modified Ringer solution. Lactate activates the GABAergic neurons independent of Na_x.
Fig. IV.11. Summary of the electrophysiological experiments with the SFO of wild-type (WT) and Na⁺-KO (KO) mice.

Means of spike frequency of the GABAergic neurons during perfusion of various kinds of solutions are shown. Na, 160 mM Na solution; Lactate, 1 mM lactate; α-CHCA, 5 mM α-Cyano-4-hydroxycinnamic acid (an inhibitor of monocarboxylate transporters); Pyruvate, 1 mM pyruvate; Acetate, 1 mM acetate; *p < 0.05, Bonferroni’s multiple comparison test (against WT of control). Data are the mean and SE (n = 8 for each).
Fig. IV.12. Concentration dependency of lactate’s effect on the spike frequency of GABAergic neurons.

The SFO tissues of wild-type mice were used for this experiment. Data are the mean and SE (n = 5 for each).
Fig. IV.13. Putative role of $K_{\text{ATP}}$ channel in Na-dependent stimulation of GABAergic neurons in the SFO.

Electrophysiological experiments were performed with SFO slices of wild-type mice. (A) Means of the spike frequency of GABAergic neurons during the perfusion with various kinds of solutions are shown. Diaz, 0.3 mM diazoxide, an opener of $K_{\text{ATP}}$ channel. *$p < 0.05$, two-tailed t test (against Control of 160 mM); data are the mean and SE ($n = 5$ for each).

(B) The membrane potentials of GABAergic neurons in the presence of 1 μM TTX. Na, 160 mM Na solution; Lactate, 1 mM lactate; Diaz, 0.3 mM diazoxide; *$p < 0.05$, Bonferroni’s multiple comparison test (against Control); data are the mean and SE ($n = 20$ for each).
Chapter V

Summary and conclusion
In this thesis, I revealed the signaling mechanism from glial cells to neurons underling the Na-sensing mechanism in the SFO. The Na_\(\alpha\) channel is a Na-level-sensitive Na channel which opens in response to an increase of the Na concentration in the extracellular fluid in the physiological range (Hiyama et al., 2002). Increases in Na level in body fluids are sensed by Na_\(\alpha\) in specific glial cells in the sensory CVOs (Watanabe et al., 2006). Among the CVOs, the SFO appears to be the center of the sensing responsible for the control of Na-intake behavior (Hiyama et al., 2004). A recent report from our laboratory showed that Na_\(\alpha\) channels populate the cellular processes of astrocytes and ependymal cells enveloping neurons including GABAergic neurons in the SFO (Watanabe et al., 2006).

In the present study, I showed that there exists direct interaction between Na_\(\alpha\) and \(\alpha\) subunits of Na\(^+\)/K\(^+\)-ATPase, which enables the Na_\(\alpha\)-positive glial cells to Na-dependently activate the anaerobic metabolism of glucose. Na-level-dependent Na\(^+\) influx through Na_\(\alpha\) and direct interaction between Na_\(\alpha\) and Na\(^+\)/K\(^+\)-ATPase are the basis for activation of Na\(^+\)/K\(^+\)-ATPase in the glial cells. Activation of Na\(^+\)/K\(^+\)-ATPase stimulates anaerobic metabolism of glucose by the glial cells, which produces lactate as the end product. Na-dependent lactate production was specifically observed in the SFO of wild-type mice, but not of Na_\(\alpha\)-KO mice. There exist GABAergic neurons spontaneously firing in the SFO. Lactate released from the glial cells functions as the substance signaling to the neurons for activation. Lactate released from Na_\(\alpha\)-positive glial cells thus appears to be a neurostimulator in the SFO to control the Na-intake behavior.

The schematic summary of these cellular mechanisms are illustrated in a picture (Fig. V.1). The sensory CVOs, including the SFO, are characterized by the presence of the neuronal cell bodies and extensive networks of fenestrated capillaries which allow ingredients of plasma to release to the intercellular space. Their ventricular side is partitioned by an ependymal cell layer facing to the third ventricle. Na_\(\alpha\) channels populate perineural processes of astrocytes and ependymal cells in the SFO (Watanabe et al., 2006). When animals are dehydrated, Na concentration in plasma and CSF increases above the usual level of \(~145\) mM ((1) in Fig. V.1). When the extracellular
Na concentration exceeds ~150 mM, Na$_x$ channels open, and the intracellular Na concentration in these glial cells is increased. This leads to activation of Na$^+/K^+$-ATPase in these cells ((2) in Fig. V.1). Activated Na$^+/K^+$-ATPase consumes ATP larger than the usual level to pump out Na ions ((3) in Fig. V.1). To fuel Na$^+/K^+$-ATPase with ATP, the glial cells enhance the glucose uptake to stimulate the anaerobic glycolysis ((4) in Fig. V.1). Lactate, the end product of the anaerobic glycolysis, is released from the glial cells and supplied to neurons, including GABAergic neurons, through the processes enveloping them ((5) in Fig. V.1). Lactate stimulates the activity of the GABAergic neurons through production of ATP, which presumably regulate hypothetic neurons involved in the control of salt-intake behavior ((6) in Fig. V.1). In dehydrated KO mice, the Na-dependent stimulation of glycolysis is impaired and the activity of the GABAergic neurons is not promoted. This figure shows the case of ependymal cells, however, the same scheme would be applicable for Na$_x$-positive astrocytes.

In conclusion, lactate is the signaling substance that is controlled by glial Na$_x$ channels and transmitted from the glial cells to neurons for Na-sensing in the brain. To my knowledge, this study is the first to show that glial cells take the initiative in the regulation of neural activity using lactate as a signaling substance.
Fig. V.1. Schematic overview of the Na-level sensing mechanism and Na-dependent regulation of neurons in the SFO.

When animals are dehydrated, Na concentration in plasma and CSF increases above the usual level of ~145 mM (1). When the extracellular Na concentration exceeds ~150 mM, Na$_x$ channels open, and the intracellular Na concentration in these glial cells is increased. This leads to activation of Na$^+/K^+$-ATPase in these cells (2). Activated Na$^+/K^+$-ATPase consumes ATP larger than the usual level to pump out Na ions (3). To fuel Na$^+/K^+$-ATPase with ATP, the glial cells enhance the glucose uptake to stimulate the anaerobic glycolysis (4). Lactate, the end product of the anaerobic glycolysis, is released from the glial cells and supplied to neurons, including GABAergic neurons, through the processes enveloping them (5). Lactate stimulates the activity of the...
GABAergic neurons through production of ATP, which presumably regulate hypothetic neurons involved in the control of salt-intake behavior (6). In dehydrated KO mice, the Na-dependent stimulation of glycolysis is impaired and the activity of the GABAergic neurons is not promoted. This figure shows the case of ependymal cells, however, the same scheme would be applicable for Na$_\text{v}$-positive astrocytes.
Chapter VI

References
distribution of a broadly expressed atypical sodium channel. FEBS Lett. 400, 183–187


Asanuma, K., Ariga, T., Aida, N., Miyasaka, A., Nagai, Y., Miyagawa, T., Minowa, M.,
autoanalysis of plasma levels of lactic acid and pyruvic acid by means of the oxidase


Boer, P.H., Potten, H., Adra, C.N., Jardine, K., Mullhofer, G., and McBurney, M.W.

on a day/night cycle graded according to the duration of deprivation. Brain Res., 791,
1–10


cerebral cortex: localization, development and pathological implications. Brain Res.
Brain Res. Rev. 45, 196–212.


induces regional expression of c-fos protein in the brain of inbred polydipsic mice. 677, 221–228


Acknowledgements

I wish to thank Prof. Masaharu Noda for guidance and support especially the passing on of a wealth of scientific knowledge and experience. I wish to thank Dr. Eiji Watanabe, Dr. Takeshi Y. Hiyama and Dr. Akihiro Fujikawa for their support in some experiments; especially establishment of cell lines, imaging and electrophysiological analysis, and biochemical analysis, respectively. I wish to thank all the current and past members of the lab for helpful advice.